OTTAWA metro®

NEWS WORTH SHARING.

NO BOY BANDS

LIVE 88·5 FM

'ENCLAVES ARE NOT GHETTOS'

DAY 3 OF METRO'S LOOK AT IMMIGRATION: NEWCOMERS BAND TOGETHER TO CREATE SUPPORT NETWORKS PAGE 10

metro AR USE METRO AR TO WATCH NEWCOMERS TELL 'THE STORY OF US'

'Holy Grail' of Chinese art sells for $36M

Ming Dynasty piece fetches record amount at auction PAGE 11

Kisses for Kiss

'70s band inducted into the Rock and Roll Hall of Fame. Use Metro AR to watch them perform PAGE 16

A police cruiser sat outside 174 Brambling Way Jan. 29 as police investigated the killing of Jagtar Gill. Police arrested a suspect Tuesday, reportedly a woman who lived nearby the family. MIKE CARROCCETTO/FOR METRO

Suspect arrested in Barrhaven homicide

Crime. Investigators were able to obtain video surveillance footage from neighbours and a real estate developer

JOE LOFARO
joe.lofaro@metronews.ca

Relatives of Ottawa homicide victim Jagtar Gill said they were relieved to hear that police arrested a homicide suspect Tuesday.

Gill's stabbing death nearly three months ago inside her Barrhaven home shocked the quiet neighbourhood of Half Moon Bay.

The Ottawa Police Major Crime Unit says it won't identify the person until charges have been laid, which could come as early as Wednesday morning. A show cause hearing is scheduled at the Elgin Street courthouse Wednesday.

The body of the 44-year-old mother of three was found by her daughter, in her home on Brambling Way, near the intersection of Greenbank and Cambrian roads on Jan. 29. Police would not confirm in January whether there were signs of forced entry.

Gill's brother-in-law Kulwinder Sidhu said he was happy police have someone in custody, especially since he was living in fear of the unknown for months. But, he still has many unanswered questions. Police did not confirm media reports Tuesday which said the person in custody is a woman who lived nearby and is not related to the family.

"I want to know why she did this, or was there something behind it?" said Sidhu. "I want to know, the family wants to know, the community wants to know."

Sidhu said he didn't know if Gill had any enemies.

Calls to the Gill residence were not answered Tuesday evening.

Balraj Singh Dhillon, president of the Sikh Community Society in Ottawa, said the Gill family has the support of the community behind them as more details come to light.

"What was the motive? Killing a person, you need some kind of motive," said Dhillon. "At least we are happy that (the arrest) gives some closure to the family."

Rock frocks from $2 to $2,000

Used clothing aficionados take note: the Ottawa Vintage Clothing Show returns this Sunday PAGE 5

Meowy wowy

Once an only-in-Japan phenomenon, cat cafés can now be found all over the world. Here's one from London, England PAGE 18

RBC Royal Bank

Knock ½% off your home equity credit line.

Speak with an RBC Royal Bank® mortgage specialist today. 1-866-864-0420 or visit rbc.com/boxer

Advice you can bank on™

Prime rate as of February 10, 2014 is 3.0% and is subject to change. Interest rate will change as our prime rate changes. This product is provided by Royal Bank of Canada and is subject to its standard lending criteria. ®/™ Trademark(s) of Royal Bank of Canada. RBC and Royal Bank are trademarks of Royal Bank of Canada.

NEWS

Construction worker

Man injured on the job

A 46-year-old Gatineau construction worker was injured Tuesday when a piece of aluminum he was cutting with a circular saw was projected into his abdomen.

The incident happened at around 11 a.m. at 65 Adrien-Robert Rd. The man was taken to Hull Hospital with non-life-threatening injuries. The incident is under investigation.

METRO

Vanier

Ottawa police lay charges in syringe-wielding robbery

Ottawa police charged a man linked to a recent grocery store robbery in Vanier.

The man is a suspect in the syringe-toting robbery at a store along the 100 block of McArthur Avenue on March 26 at about 11 a.m. Police allege he wore a mask and revealed a needle, which they accuse him of using to threaten a cashier after making a written demand for money. Another employee intervened and was also allegedly threatened.

The man fled with cash and there were no injuries.

Police charged Jason Leblanc, 40, with robbery, uttering threats, conspiracy to commit an indictable offence, possession of a weapon and breach of undertaking.

Leblanc appeared in court April 4 and was held in custody. He's due to appear again in court on Friday.

LUCY SCHOLEY/METRO

Ottawa Police Sgt. Steve Desjourdy dodges reporters after he was found guilty of discreditable conduct Tuesday. TREVOR GREENWAY/METRO

Ottawa cop guilty of discreditable conduct

Steve Desjourdy. Superintendent says he doesn't believe officer was concerned woman was suicidal

TREVOR GREENWAY
trevor.greenway@metronews.ca

Sgt. Steve Desjourdy was smiling Tuesday morning.

But his smile quickly faded into a grimace as the Ottawa police officer was found guilty of discreditable conduct in a now infamous cellblock incident in 2008, in which he cut the shirt and bra off a female prisoner and then left her half naked in a cell with pants soaked in her own urine for more than three hours.

Desjourdy was acquitted of a criminal charge of sexual assault for the incident, but the internal Police Services Act investigation was set to determine if the officer brought discredit to the force through his actions six years ago. And hearing officer Supt. Robert Fitches said that Desjourdy did.

"I have been given nothing that would satisfy me ... that it was acceptable to leave this young woman naked for over three hours," Fitches wrote in his decision.

Throughout the Police Services Act hearings Desjourdy's defence argued that he feared for the female prisoner's safety and worried she may kill herself with any supplied clothing.

However, Desjourdy's lack of documentation relating to this concern and discrepancies in his testimony at the criminal trial led the hearing officer to believe Desjourdy's assertion she was suicidal was nothing but an "afterthought."

"I have received nothing in evidence that in any way demonstrates that Sgt. Desjourdy had an honest belief that (the female prisoner) was suicidal," wrote Fitches.

Desjourdy, who was jovial and conversational before the decision was read, stormed past reporters without uttering a word, his face expressionless as he bolted for the elevator.

Ottawa Police Association (OPA) president Matt Skof told reporters he wasn't happy with the decision, as Desjourdy was charged with breaching a policy that Skof said "has never existed."

He said the association is "considering the appropriateness of filing an appeal."

"We find this a very problematic decision, which has potential far-reaching implications not only for Sgt. Desjourdy, or other members of the Ottawa Police Service, but for police officers everywhere in Ontario," he said.

Skof confirmed the OPA is footing the bill for Desjourdy's legal fees — a defence led by high profile lawyer Michael Edelson.

The maximum sentence for Desjourdy could be dismissal from the force, although he would likely be demoted to constable.

Assault. Man arrested for hitting ambulance

An Ottawa man is facing several charges after he allegedly chased an ambulance and started hitting it with a golf club on Monday afternoon.

Police say paramedics were responding to a high priority emergency call that afternoon and were cruising with the sirens and lights on. A man in an SUV started trailing the ambulance and even ran red lights. He then cut off the ambulance to slow it down, got out of the SUV and started beating it with a golf club.

There were no injuries, but the two paramedics were "showered with glass."

Police charged 61-year-old Samir Saab with dangerous operation of a motor vehicle, two counts of uttering death threats, four counts of assault with a weapon and mischief.

LUCY SCHOLEY/METRO

Free screenings, tests

Get your health on

The Salvation Army Ottawa Booth Centre at 171 George St. is hosting Fair Thee Well health fair Wednesday from 9:30 a.m. to noon. The fair is designed to introduce and educate vulnerable populations about community health services. "The fair will promote ... proactive involvement in using Ottawa's health services efficiently," said Kimberly Zapata of the Booth Centre. METRO

Rideau Carleton Raceway parking lot. Man sets himself on fire

Bystanders are being credited with helping a man who witnesses say lit himself on fire in an Ottawa raceway's parking lot.

The Good Samaritans tried to roll the man on the ground to put out the flames during the frightening incident Monday at the Rideau Carleton Raceway.

No details about the man have been released.

Paramedics say he was treated at the scene for second- and third-degree burns to more than 90 per cent of his body.

He then was airlifted to the burn unit at Sunnybrook Health Sciences Centre in Toronto where he's listed in critical condition. THE CANADIAN PRESS

‘Housing first’ strategy the right way to help homeless: New study

At Home/Chez Soi project. Mental Health Commission of Canada unveils two-year study

JOE LOFARO
joe.lofaro@metronews.ca

Results from a “world-class” Canadian study on mental health and homelessness were unveiled in Ottawa Tuesday which may change the way communities get people off the street and into permanent housing.

The Mental Health Commission of Canada, through a $110 million investment from the federal government, led a two-year study aimed at giving homeless people with mental illnesses access to permanent housing immediately, rather than controlling their health problems first. The At Home/Chez Soi project started in 2009 and was applied in Toronto, Vancouver, Winnipeg, Montreal, and Moncton.

Researchers noted 73 per cent of participants in the study remained in stable housing, compared to 32 per cent for the group receiving usual care.

Participants were allowed to choose where they lived, but had to agree to pay a maximum 30 per cent of their income on housing in the private market.

Candice Bergen, minister of state for social development, said it was a “sound investment” for the government to make and will mean homeless people are less likely to get in trouble with the law. The next step of the federal government’s strategy is to distribute $600 million over five years in the Homelessness Partnering Strategy to fund communities that will transition to the housing-first approach, Bergen said.

“We want to create places where people can move to bigger, better and greater places than where they are,” Bergen said.

Tessi, one of the participants who was randomly selected to participate in the study in 2010, said At Home/Chez Soi has completely changed her life. The 56-year-old mother had been living at a crowded shelter in a room with at least six women for seven months before she was moved to a two-bedroom apartment in Toronto.

“It was very quick,” she said. “It’s so great. The quality of life has completely changed. You get respected. I live in an environment that is safe for me and my child.”

Quoted

“I think we want to do more than just create safety nets — we want to create trampolines.”

Candice Bergen, minister of state for social development

Tessi, 56, said her quality of life has changed dramatically since she participated in the At Home/Chez Soi study, which took her out of a shelter and into permanent housing in about three weeks. JOE LOFARO/METRO

Ottawa could see above-average spring flooding: Authorities

An overflowing Ottawa river rushes past the Parliament buildings in April 1998. THE CANADIAN PRESS FILE

Ottawa-area conservation authorities issued flood warnings Tuesday.

The Rideau Valley Conservation Authority said it was bracing for flooding on roadways, including Rideau River Drive between Belmont Street and Fentiman Avenue and the private Hilly Lane in North Grenville.

Environment Canada was forecasting three to five millimetres of rain overnight, which would continue to fill up watersheds over a 12- to 24-hour period. The melting snow will add to the water runoff.

The City of Ottawa is doing ice-removal operations, to reduce the risk of ice jams.

The South Nation Conservation Authority warned residents to stay away from riverbeds, as they expect stream flows will rise to a peak within that 24-hour period of rainfall.

“We’re getting the runoff and everything in,” said Ronda Boutz, of the South Nation Conservation Authority.

“Stream flows are going to continue to rise as all that moves through the system, so at some point it’s going to hit its maximum and then start going down again.”

1976

Larson said Ottawa’s worst flooding season to date was in 1976, when water flows reached a peak of 597 cubic metres per second. The average flow is 390 cubic metres per second.

Patrick Larson, the senior water technician for the Rideau Valley Conservation Authority, said any unusually rapid warm weather trends could spark more flooding.

“We’ve seen single digit temperatures and minus nighttime temperatures that have made it a very slow process,” said Larson. “It’s still up and down, if you will, and dragging on.”

LUCY SCHOLEY/METRO

Debankify and have a little extra, extra.

President’s Choice FINANCIAL

Save up to $200 yearly with a no fee bank account.

That’s just good banking.

Savings comparison based on the fees for limited and unlimited transaction account packages and one order of cheques as offered by the major Canadian banks as of January 1, 2014.
®Loblaws Inc. Used under licence. President’s Choice Financial personal banking services are provided by the direct banking division of CIBC.

From left: Coun. Diane Holmes, Mayor Jim Watson and Medical Officer of Health Dr. Isra Levy celebrate the city having the lowest smoking rate in Ontario based on 2012 data. JOE LOFARO/METRO

City has lowest smoking rate in Ontario: Officials

23% drop. Rate has fallen to 11% because of recent bylaws, health advocates: Public Health

JOE LOFARO
joe.lofaro@metronews.ca

It was a tough road to walk down, but the City of Ottawa said Tuesday that along with smoke-free regulations launched in the past several years, the number of current smokers has dropped 23 per cent. That translates to approximately 20,000 residents kicking the habit.

According to the Canadian Community Health Survey for 2011 and 2012, the current smoking rate in Ottawa has decreased to 11 per cent, which Ottawa Public Health said is the lowest rate of any other city in Ontario. The decrease comes after Public Health said it remained stagnant at about 15 per cent from 2005 to 2011.

"That's due in large part to ... smoking advocates that have been out working with the construction industry, schools, colleges, universities to encourage people not to smoke and to help those people with cessation programs to quit smoking," Mayor Jim Watson said Tuesday at city hall.

Raising awareness

"That's due in large part to ... smoking advocates."

Mayor Jim Watson on smoking reductions

The city was lambasted by some residents in April 2012 when it amended the smoking bylaw, prohibiting smoking in public parks and beaches, but Ottawa Medical Officer of Health Dr. Isra Levy said his office only reported between 400 and 500 public complaints in the past two years. He said he doesn't have any more locations on his radar yet to expand the bylaw, but he noted the province is considering more anti-smoking regulations aimed at university campuses and hospitals.

Moving forward, he wants the city to focus more on prevention and education, rather than legislation.

"We're seeing a concerted effort to make progress on all those fronts, but doing it in as reasonable a way as possible and trying to provide support for people trying to quit smoking is really the important first step before one moves to regulatory expansion at this stage," said Levy.

Mayor Watson 'very happy' with Liberal win

Mayors in West Quebec say a new Liberal majority government means "stability" for the region, but they are still going to hold the new premier to his campaign promises.

"The municipalities all over Quebec have high expectations from the government," said Gatineau Mayor Maxime Pedneaud-Jobin, speaking a day after the Liberal government's landslide 42 per cent win.

All five ridings in the Outaouais remained red after Monday night's poll count, which mayors say was not surprising given the polls and the long-standing Liberal hold on the region.

Pedneaud-Jobin said he's looking for details from new Premier Philippe Couillard on his proposed fiscal reform and infrastructure spending.

"During the campaign, he was clear enough on his intentions," said Pedneaud-Jobin. "What we want to hear is what he's going to do now that he's elected."

Chelsea Mayor Caryl Green is now able to breathe a sigh of relief.

Good news for Ottawa?

"I think it will bring stability back to the country and certainly to our region."

Mayor Jim Watson

Green has been fighting against Bill 14, a law introduced by the Parti Québécois that would have allowed the government to revoke the bilingual statuses of municipalities with a francophone population of more than 50 per cent. Chelsea fits that description.

Green said the municipalities have "quite a shopping list" when it comes to the needs in the region, with health care topping the list.

"We're looking at having a very strong voice, a very strong presence in Quebec City," she said.

Ottawa Mayor Jim Watson said he was "very happy" with the election results.

LUCY SCHOLEY/METRO, WITH FILES FROM JOE LOFARO

Quebec Premier designate Philippe Couillard speaks at a news conference Tuesday at the legislature in Quebec City a day after winning a majority Liberal government. JACQUES BOISSINOT/THE CANADIAN PRESS

Rockcliffe Park Public Library
Spring Book Sale!

Beautiful Books at Bargain Prices!
10,000+ donated, high-quality books, videos, CDs, DVDs, vinyl and more!

ROCKCLIFFE PARK COMMUNITY HALL
380 Springfield Road
Saturday, April 12: 10-6 • Sunday, April 13: 11-5
CASH OR CHEQUES ONLY!

Ottawa RedBlacks to hold football tryouts at Carleton

Ottawa's new CFL team, the RedBlacks, will hold a tryout camp on Sunday, April 27 at Carleton University.

Registration begins on April 27 at noon at Keith Harris Stadium and the tryout will begin at 1 p.m., with the team's coaching and scouting staff in attendance.

"As an organization that takes great pride and stock in our community, this is an opportunity for our team to give players a chance to demonstrate their football skills, including players from the Ottawa area and the Outaouais," said RedBlacks General Manager Marcel Desjardins in a news release.

RedBlacks GM Marcel Desjardins TREVOR GREENWAY/METRO

"You never know when or where you might find a diamond-in-the-rough who might be able to help the team in the short-term or perhaps down the road."

Preregistration and more information are available online at ottawaredblacks.com. METRO

Vintage fashion lovers can expect to find one-of-a-kind pieces similar to these classic party dresses that have been among the attractions at the Toronto Vintage Clothing Show and previous Ottawa Vintage Clothing Shows. Shoes, vintage jewelry and other items will also be up for grabs. CONTRIBUTED

Ottawa Vintage Clothing Show returns with timeless fashions

Throwbacks. Threads, shoes and baubles from the '60s up to the '80s on display

LUCY SCHOLEY
lucy.scholey@metronews.ca

Big skirts, pastels and knee-length cocktail dresses are making a 1960s-era comeback to weddings and proms this spring.

So those on top of the fashion scene will likely find the right fit at the Ottawa Vintage Clothing Show on Sunday.

Vendors are relocating their vintage handbags, shoes, jewelry, bow ties and dresses to the annual event, which has been ongoing for about 30 years.

There will be more than 45 vendors this year — or about half a dozen more than last year.

Catherine Knoll, the show manager, said this event attracts "several thousand" people to what she calls a day of clothes-digging "madness."

It does better than the Toronto Vintage Clothing Show, which she also organizes. She said the capital event is popular partly due to the fact that there are so few period-garb shops in city.

Whatever time period you think "vintage" belongs in, Knoll said the event includes quality clothes up to and including the 1980s era.

Vintage is "totally" in, she said.

"For a certain segment of the market, it has always been in," she said, adding that more people are looking for "one-of-a-kind" clothing.

"You can't beat the quality of vintage. And the fact that the clothes have stood the test of time, both just physically and also the style, is kind of a good testament to the staying power of vintage."

But don't expect 1960s-era prices on everything. Items up for grabs range from $2 to $2,000.

The Ottawa Vintage Clothing Show will be at the Ottawa Convention Centre, at 55 Colonel By Dr., on Sunday from 10 a.m. to 5 p.m. There's a $10 entry free.

Pistorius testifies at trial: 'I sat over Reeva and I cried'

South Africa. An emotional Pistorius recounts details of girlfriend's murder

A subdued Oscar Pistorius on Tuesday described dinner at home, chatting and looking at cellphone photos with Reeva Steenkamp on the last night of her life. Then he erupted in anguished howls and heaving sobs while testifying at his murder trial about the moments when he says he realized he shot his girlfriend through a closed toilet door.

The spectacle of what appeared to be a tormented man highlighted the drama of the runner's inspirational rise and sudden fall. The South African double-amputee captured the world's attention when he successfully fought for permission to run in the 2012 Olympics on his prostheses. The next year, he was facing charges for killing the woman he said he loved.

Oscar Pistorius' sister Aimee, right, cries as he testifies in court.
KIM LUDBROOK/THE ASSOCIATED PRESS

The court in Pretoria, the South African capital, adjourned because of the athlete's breakdown.

"I sat over Reeva and I cried," Pistorius said, telling how he broke open the stall door in his bathroom in the early hours of Feb. 14, 2013 to discover his bloodied girlfriend slumped in the cubicle.

Pistorius said in statements that he shot Steenkamp after mistaking her for an intruder in his bathroom. The athlete said he felt fearful and vulnerable as he moved to the bathroom, walking only on his stumps.

In earlier testimony Tuesday, Pistorius denied three other charges against him relating to firing a gun in public on two occasions.

THE ASSOCIATED PRESS

Irish visit full of symbolism

Irish President Michael D. Higgins walks alongside Britain's Queen Elizabeth II at Windsor Castle on Tuesday. Higgins marks Ireland's first official visit to Britain since its independence, a symbolic gesture for the two countries with a troubled history. PETER MACDIARMID/ THE ASSOCIATED PRESS

Protests

Tensions rise in Eastern Ukraine

Ukraine's government struggled to stay in control of the country's eastern regions as tensions flared Tuesday in three cities.

While the government managed to recapture its regional headquarters and detain dozens of pro-Russian protesters in one city, it said "radicals" were keeping 60 people hostage and threatening them in another city.

Earlier Tuesday, authorities regained control over a government building in Kharkiv. Protesters were evicted and dozens detained. In Donetsk, a city further south, protesters dug in for their third day a regional headquarters they captured on Sunday before declaring a parallel government.

All three cities are in Ukraine's east, where hostility is strong toward the government that took power in February after the ouster of Kremlin-friendly President Viktor Yanukovych. THE ASSOCIATED PRESS

NEW!

SPRING BONUS: ELIGIBLE OWNERS RECEIVE∞ AN ADDITIONAL $750

CHEVROLET FUELED UP

NOW YOU SAVE EVEN MORE ON GAS.
OUR MOST FUEL EFFICIENT LINEUP EVER†

PLUS A GAS CARD.

0% FINANCING FOR 84 MONTHS/LEASING FOR 60 MONTHS ON SELECT MODELS‡‡/▼

40¢ OFF/LITRE GAS CARD ON ALL MODELS§

2014 EQUINOX LS AIR & AUTO

$139 @ 0%

LEASE BI-WEEKLY FOR 48 MONTHS.▼ $2,079 DOWN PAYMENT. $0 SECURITY DEPOSIT. INCLUDES FREIGHT, PDI & LEVIES.

- 6-SPEED AUTOMATIC TRANSMISSION
- AIR CONDITIONING
- BLUETOOTH® WITH USB
- POWER WINDOWS, LOCKS & REMOTE KEYLESS ENTRY
- BEST-IN-CLASS REAR SEAT LEGROOM♦
- SIRIUS XM RADIO™
- BETTER HWY FUEL ECONOMY THAN ESCAPE, RAV4 & CRV♦♦

EQUINOX LTZ SHOWN††

40¢ OFF/LITRE GAS CARD

ASK ABOUT OUR NO-CHARGE LEATHER PACKAGE‡

FULLY LOADED WITHOUT UNLOADING YOUR WALLET.

ALL CHEVROLETS INCLUDE CHEVROLET COMPLETE CARE

COMPLIMENTARY OIL CHANGES	2 YR/40,000 KM**
NEW VEHICLE LIMITED WARRANTY	3 YR/60,000 KM▲
POWERTRAIN WARRANTY	5 YR/160,000 KM▲
ROADSIDE ASSISTANCE	5 YR/160,000 KM▲
ONSTAR® STANDARD	6 MONTHS

TO GUARANTEE OUR QUALITY, WE BACK IT 160,000-KM/5-YEAR POWERTRAIN WARRANTY▲

▲Whichever comes first. See dealer for limited warranty details.

VEHICLE PRICING IS NOW EASIER TO UNDERSTAND BECAUSE ALL OUR PRICES INCLUDE FREIGHT, PDI AND MANDATORY GOVERNMENT LEVIES. Prices do not include applicable taxes and PPSA. Consumers may be required to pay up to $799 for Dealer fees.***

ONTARIOCHEVROLETDEALERS.COM

For the latest information, visit us at chevrolet.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. ▼Based on a 60/48 month lease for 2014 Chevrolet (Cruze LS 1SA/Equinox LS FWD 1LS). Annual kilometre limit of 20,000 km. $0.16 per excess kilometre. OAC by GM Financial. Monthly/Bi-Weekly payments may vary depending on down payment/trade. A down payment or trade of $0/$2,079 and/or $0 security deposit is required. Total obligation is $11,026/$16,585. Option to purchase at lease end is $6,510/$11,230. Excess wear and tear and km charges not included. Other lease options available. ▼/▼▼Freight & PDI ($1,600/$1,600), registration, air and tire levies and OMVIC fees included. Insurance, licence, PPSA, dealer fees and applicable taxes not included. Offers apply as indicated to 2014 new or demonstrator models of the vehicle equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet Dealer Marketing Association area only (including Outaouais). Dealers are free to set individual prices. Quantities limited; dealer order or trade may be required. Limited time offers which may not be combined with other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ®Bluetooth is a registered trademark of Bluetooth SIG Inc. ©2014 Equinox 2LT equipped with the True North Edition are eligible to receive an $800 MSRP credit equal to the MSRP of the Perforated Leather Seating Option (AFL/AEN/AR4). Factory order or dealer trade may be required. Offer available to units purchased/delivered from March 1 to March 31, 2014. ♦Comparison based on 2013 Polk segmentation: Compact SUV and latest competitive data available and based on the maximum legroom available. Excludes other GM brands. ♦♦2014 Chevrolet Equinox FWD equipped with standard 2.4L ECOTEC®I-4 engine. Comparison based on Natural Resources Canada's 2014 Fuel Consumption Guide. ††2014 Equinox LTZ FWD. MSRP with freight, PDI & levies $37,539. Dealers are free to set individual prices. ‡Based on GM testing in accordance to Government of Canada test methods. ‡‡Offers valid for delivery dates between March 1st and April 30, 2014; participating lenders are subject to change. 0% purchase financing offered on approved credit by TD Auto Finance Services, Scotiabank or RBC Royal Bank for up to 84 months on an eligible new or demonstrator 2014 Chevrolet Cruze, Sonic, Camaro (excludes Z28), Silverado HD 2500/3500, Tahoe and Suburban. Terms vary by model. Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: 2014 Chevrolet Cruze LS MSRP including freight, PDI & levies is $17,639 at 0% APR, the monthly payment is $209.99 for 84 months. Cost of borrowing is $0. Total obligation is $17,639, plus applicable taxes. Offer is unconditionally interest-free. License, insurance, registration, PPSA, applicable taxes and dealer fees not included. Dealers are free to set individual prices. Offers apply to qualified retail customers only. Limited time offer which may not be combined with certain other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ¥Retail and basic fleet customers who purchase or lease an eligible Chevrolet, Buick or GMC delivered from dealer stock between March 1, 2014 and April 30, 2014 will receive one 40¢ savings per litre fuel card (fuel savings card) upon payment of an additional $.01. Cards valid as of 72 hours after delivery. Fuel savings card valid for 800 litres of fuel purchased from participating Petro-Canada retail locations (and other approved North Atlantic Petroleum locations in Newfoundland) and not redeemable for cash except where required by law. GM is not responsible for cards that are lost, stolen or damaged. GM reserves the right to amend or terminate this offer and/or the program for any reason in whole or in part at any time without notice. Petro-Canada is a Suncor Energy business™ Trademark of Suncor Energy Inc. Used under licence. Cards are property of Suncor Energy. To protect your card balance, register online at www.petro-canada.ca/preferred today. **The 2-Year Scheduled Lube-Oil-Filter Maintenance Program provides eligible customers in Canada, who have purchased, leased or financed a new eligible 2014 MY Chevrolet, Buick, or GMC vehicle (excluding Spark EV), with an ACDelco oil and filter change, in accordance with the oil life monitoring system and the Owner's Manual, for 2 years or 40,000 KMs, whichever occurs first, with a limit of four (4) Lube-Oil-Filter services in total, performed at participating GM Dealers. Fluid top-offs, inspections, tire rotations, wheel alignments and balancing, etc. are not covered. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. General Motors of Canada Limited reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Additional conditions and limitations apply. See dealer for details.∞Offer valid from April 1, 2014 to April 30, 2014 (the "Program Period") to retail customers resident in Canada who own or are currently leasing a 1999 or newer eligible vehicle that has been registered and insured in Canada in the customer's name for the previous consecutive six months, will receive a $750 Spring Bonus credit towards the lease, purchase or finance of an eligible new 2013/2014 Chevrolet, Buick, GMC model; or a $1,000 Spring Bonus credit towards the purchase, lease or finance of any 2013/2014 Cadillac model delivered during the Program Period. Retail customers resident in Canada who own or are currently leasing a 1999 or newer eligible pickup truck that has been registered and insured in the customer's name for the previous consecutive six months, will receive a $1,000 Spring Bonus credit towards the lease or finance of an eligible 2013/2014 Chevrolet Silverado, Avalanche, GMC Sierra; or a $2,000 Spring Bonus credit towards the cash purchase of an eligible 2013/2014 Chevrolet Silverado, Avalanche, GMC Sierra. Retail customers resident in Canada who own or are currently leasing a 1999 or newer eligible Pontiac, Saturn, Saab, Oldsmobile, Cobalt and HHR that has been registered and insured in Canada in the customer's name for the previous consecutive six months, will receive $1,500 Spring Bonus credit towards the lease, purchase or finance of an eligible new 2013/2014 Chevrolet, Buick, GMC model; or a $2,000 Spring Bonus credit towards the lease, purchase or finance of an eligible 2013/2014 Cadillac model delivered during the Program Period. Only one (1) credit may be applied per eligible vehicle sale. Offer is transferable to a family member living in the same household (proof of address required). This offer may not be redeemed for cash and may not be combined with certain other consumer incentives available on GM vehicles. The $750/$1,000/$1,500/$2,000 credit includes HST/GST/QST/PST as applicable by province. As part of the transaction, dealer will request current vehicle registration and/or insurance to prove ownership for the previous consecutive six months. GMCL reserves the right to amend or terminate this offer, in whole or in part, at any time without prior notice. Void where prohibited by law. Additional conditions and limitations apply. See your GM dealer for details.

Ship in desperate bid to pick up 'pings' again

Flight 370. Signals first heard Saturday and Sunday sparked hopes of a breakthrough in search for missing jet

Search crews on the Ocean Shield in the Indian Ocean failed to pick up more of the faint underwater sounds that may have been from the missing Malaysian jetliner's black boxes whose batteries are at the end of their life.

Angus Houston, the retired Australian air chief marshal leading the search far off western Australia, said finding the sound again is crucial to narrowing the search area so an autonomous submarine can be deployed to chart a potential debris field. The locator beacons on the black boxes have a battery life of about a month — and Tuesday marked one month since the plane vanished.

At a hotel in Beijing, around 300 relatives of the flight's passengers — most of whom were Chinese — wait for information about the plane's fate. One family lit candles on a cake to mark what would have been the 21st birthday of passenger Feng Dong, who had been working in construction in Singapore for the past year and was flying home to China via Kuala Lumpur.

The surface search for any plane debris also continued Tuesday. Up to 14 planes and as many ships were focusing on a single search area covering 77,580 square kilometres of ocean. THE ASSOCIATED PRESS

Feng Zhishang cries at a hotel in Beijing, China, Tuesday as his family mark the birthday of his son, a passenger on board Flight 370. THE ASSOCIATED PRESS

Chicago airport. WWI artillery shells found in teens' checked baggage

The two World War I artillery shells discovered by baggage screeners in checked luggage that arrived on a flight from London at Chicago's O'Hare International Airport. TRANSPORTATION SECURITY ADMINISTRATION/THE ASSOCIATED PRESS

Baggage screeners at Chicago's O'Hare International Airport have discovered two World War I artillery shells in checked luggage that arrived on a flight from London.

The Transportation Security Administration says the bags belonged to a 16-year-old and a 17-year-old who were returning from a school field trip to Europe.

TSA spokesman Jim McKinney says a bomb disposal crew determined the shells were inert and no one was ever in danger.

The teens told law enforcement they obtained the shells at a French World War I artillery range. It was not clear how. TSA explosives experts believe they are French 77 mm shells.

They were seized Monday evening while the teens were transferring to a flight to Seattle.

The teens were questioned then allowed to travel onward. They weren't charged. THE ASSOCIATED PRESS

Texas

Woman calls cops to complain about buying bad weed

Police in East Texas arrested 37-year-old Evelyn Hamilton after she called them to complain that the dealer refused to return her $40 US after she objected that the marijuana she had purchased was "seeds and residue." She pulled the small amount of pot from her bra when the officer asked if she still had it. THE ASSOCIATED PRESS

Kansas

Man posed as dead brother to avoid child support

A judge in Kansas has upheld the convictions against a Canadian man who posed as his long-dead brother to escape child support obligations and drunken driving charges. Leslie Lyle Camick, 58, used the name of his brother, Wayne B. Camick who died at 3 1/2 months old in 1958.

THE ASSOCIATED PRESS

JUBILEE
FINE JEWELLERS
Since 1952
Jubilee Fine Jewellers is having a Massive Sale Event.
One store will close... a NEW store will open and two stores will be renovated. Because of this, we must consolidate and
dispose of Millions worth of fine jewellery.
Closing Moving & Renovating
SALE
Prices Reduced!
The BIGGEST Sale in Jubilee History!
*Sale applies to in-stock items ONLY. Some items and brands may be excluded.
Lines, such as Rolex™, Pandora™, Michael Kors™, and Verragio™ cannot be discounted - see in store for details.
Inventory may be augmented for better selection. Shop early for best selection.
JUBILEE
FINE JEWELLERS
Since 1952
www.jubilee.ca
Bayshore Shopping Centre
100 Bayshore Drive, Nepean
(613) 596-3070
Mon. – Sat. 9 AM-9 PM
Sun. 10 AM-6 PM
Rideau Centre
50 Rideau Street, Ottawa
(613) 238-1886
Mon. – Fri. 9:30 AM-9 PM
Sat. 9:30 AM-6 PM
Sun. 11AM-5 PM
St. Laurent Centre
1200 St. Laurent Blvd, Ottawa
(613) 747-1797
Mon. – Sat. 9:30 AM-9 PM
Sun. 11 AM-5 PM

Medicine. As science grows, will noses too?

In a London hospital, scientists are growing noses, ears and blood vessels.

The work was showcased Tuesday as Mayor Boris Johnson announced a plan to attract more labs to do cutting-edge health and science research in the area.

Researchers hope they will soon be able to transplant many types of body parts, including what would be the world's first nose made partly from stem cells.

"It's like making a cake," said Alexander Seifalian, the scientist leading the effort. "We just use a different kind of oven." THE ASSOCIATED PRESS

Dr. Michelle Griffin poses with a synthetic ear in London on March 31.
MATT DUNHAM/THE ASSOCIATED PRESS

Sit back, relax and let the wellness flow through you

IV league. Vancouver opens a posh new clinic where customers enjoy an intravenous dose of vitamin therapy

EMILY JACKSON
Metro in Vancouver

With leather reclining chairs, soft lighting, indie music and flat-screen TVs, passersby might mistake this Vancouver business for a typical lounge or spa.

But they do a double-take when they see plastic bags hanging from IV stands dripping fluids into customers' veins.

Welcome to the IV Wellness Boutique, the first dedicated intravenous vitamin therapy lounge in the city — and perhaps the country.

Patrons enjoy IV vitamin therapy at the IV Wellness Boutique in Vancouver.
TWITTER: @THEIVWELLNESS

While naturopathic physicians around the world provide vitamin drips to help relieve ailments from stress to exhaustion to hangovers — Rihanna made them famous when she posted a picture of her "party girl drip" on Twitter in 2012 — the co-owners of this clinic believe it's the first with a social, spa-like atmosphere in Canada.

"We tried to take the clinical feel out of a clinic; we tried to make it really beautiful," naturopathic doctor Heidi Rootes said Tuesday. "We want people to feel comfortable and relaxed."

A typical 45-minute treatment costs $150 out of pocket, or may be covered under extended medical care plans. It must be administered by a physician or a nurse practitioner certified in the practice.

That may not seem relaxing for those who don't like needles, but "that's the biggest stigma, the whole idea of intravenous," said Rootes, who has administered the treatment for eight years.

What's in the solution?

- Sugar, saline or sterile water base
- Preservative-free vitamins, minerals and/or amino acids
- For example: vitamin C, B, calcium, magnesium (depending on the treatment)

Rootes and co-owner Robin Szakacs want to focus on health benefits including energy boosts and back-pain relief instead of the party cure, popular in Las Vegas, L.A. and Miami. (Not to mention in Europe and Asia, where vitamin drips have long been mainstream.)

"Sure, if you put anybody that's hungover and dehydrated on an IV, they're going to feel better," Rootes said. "Sometimes I feel like that kind of cheapens what we're doing, but that's not our focus."

The risks are minimal, Rootes said. As with any needle, there's a risk of infection. People are pre-screened before treatment and the procedure is not recommended for those with kidney or heart disease.

Clientele include marathon runners, both before and after the race, people coming to and from yoga, and 80-year-olds with diabetes.

Achieve your fitness goals!
Join the Y and we'll give you the tools to help you be your best!
THE DIET FIX WHY DIETS FAIL
Receive a 3-hour Personal Training package and a copy of Dr. Yoni Freedhoff's bestseller The Diet Fix when you become a member by April 30, 2014 – Over $100 in savings!
ymcaywca.ca
YMCA-YWCA of the National Capital Region

Day of Pink

MORE THAN JUST COLOUR COMMENTARY

MICHAËLLE JEAN
27th governor general and commander-in-chief of Canada, co-chair of the Michaëlle Jean Foundation

Four years ago, my 11-year-old daughter Marie-Eden came home from school and started telling me — fast-paced, enthusiastic as can be — about the Day of Pink campaign. "You know, Mom," she said, "I need to take action when someone is not being treated right. I need to act, even if I'm not the one directly affected."

Marie-Eden seemed to have understood everything: the damage of discrimination, the importance of standing up to bullying, how to take concrete action, to make a difference.

I was floored.

As you know, I grew up in Haiti, in a country "draped in barbed wire," to use the words of my uncle, the poet René Dépestre. Under the dictatorship of Papa Doc, my family taught me that indifference to the predicament of others was not an option; that having a social conscience was paramount.

And here was my child, now in Canada, teaching me the same lesson.

Since that time, I have participated in the Day of Pink and met the Jer's Vision team. I have seen the transformative power of their work. I have seen how children and teens have gained a vocabulary, new ways to act and new tactics to show solidarity with the vulnerable. The campaign is working. And that's why I believe in the urgent spread of this kind of intervention.

Bullying, harassment, prejudice and abuse are still rampant. Today, suicide is still the second-leading cause of death for people aged 10 to 24 in Canada — just behind accidents. And it remains the leading cause of death among sexual-minority youth.

That is why I have chosen to work through the Michaëlle Jean Foundation on what we have dubbed the 4th Wall Youth Solidarity Project. With the Art Gallery of Ontario, Jer's Vision and 50 human rights and health organizations, we are encouraging Canadians to show vulnerable youth from Canada's Two-Spirit and LGBTQ communities that they are not alone; that we care; that we want them to feel included.

Six lucky young artists will be awarded a cash prize, a free trip to Toronto and an opportunity to have their work featured in a high-profile exhibition at the Art Gallery of Ontario, to mark World Pride 2014.

U.S. mom who left kids in hot car given $91K

Phoenix. Sympathetic woman raises money for legal fees as accused pleads not guilty

A Phoenix woman arrested after leaving her two young children in a hot vehicle during a job interview is fighting to clear her name in court, with the support of a New Jersey woman who has raised more than $91,000 to help her effort.

Unemployed and on food stamps, Shanesha Taylor went to the job interview last month at a Scottsdale insurance company.

The 35-year-old wasn't able to find a sitter, so she left her 2-year-old son and 6-month old baby in her Dodge Durango with the key still in the ignition and the windows rolled down an inch.

A witness found the infant crying hysterically and sweating profusely as temperatures inside the SUV exceeded 38 degrees Celsius.

Taylor was arrested after returning to the vehicle, and her tearful mug shot later caught the attention of 24-year-old Amanda Bishop of New Jersey.

Bishop said she was inspired to set up a fundraising web page for Taylor because she could relate to growing up in a family that doesn't have a lot of money.

"I had a mother and family in general who struggled raising us and had to rely on other resources to provide for us and sometimes made not the greatest choices," Bishop said.

Taylor pleaded not guilty Monday at her arraignment.

Prosecutors point out that her actions put the safety of her children in danger.

Taylor arrived back at the vehicle more than an hour after her interview time, the court documents said.

THE ASSOCIATED PRESS

Forever a flirt

A worker prepares to lift the torso of a 26-foot-tall, 34,000-pound statue named Forever Marilyn in Hamilton, N.J., Tuesday. The sculpture depicting Marilyn Monroe in her memorable billowing skirt pose from The Seven Year Itch is part of an exhibit honouring its designer, Seward Johnson.

MEL EVANS/THE ASSOCIATED PRESS

SeaWorld

Blackfish-inspired whale bill stalled

A California bill that sought to end killer-whale shows at SeaWorld in San Diego and phase out their captivity was put on hold Tuesday, dousing an escalating fight between animal activists and supporters of the tourist attraction.

The bill's author, Democrat Richard Bloom of Santa Monica, agreed during the bill's first hearing before the water, parks and wildlife committee to revisit his proposal after further study. As a result, AB2140 is dead for this year, and the soonest lawmakers could vote on the proposal would be mid-2015.

Bloom was inspired by the 2013 documentary Blackfish in which filmmakers argue that captivity and mistreatment of orcas make the animals aggressive and have led to attacks on trainers.

THE ASSOCIATED PRESS

1989 murder

Man exonerated after 25 years in jail

A man who spent almost a quarter-century behind bars for murder was freed in New York City on Tuesday and cleared of a killing that happened when he was far away on a Disney World vacation.

Jonathan Fleming, 51, left a Brooklyn court in tears as a free man, hugging his lawyers as relatives cheered, "Thank you, God!" after a judge dismissed the case. A key eyewitness had recanted, newly found witnesses implicated someone else and prosecutors' review of their own files turned up documents supporting Fleming's alibi.

"After 25 years, come hug your mother," Patricia Fleming said.

"I feel wonderful," he said afterward. "I've always had faith. I knew that this day would come some day."

THE ASSOCIATED PRESS

OPTIMA
Insurance Group Inc.

LOOKING FOR HOME & AUTO INSURANCE?

Shop up to 8 leading Home and Auto Insurance companies, including Aviva, Intact insurance, Economical® and Travelers Canada with just one phone call.

HUDSON'S BAY FINANCIAL SERVICES is excited to introduce you to Optima Insurance Group Inc.

Let Optima find you the best coverage tailored to your needs, as well as your budget. Optima's Canadian based licensed insurance advisors will explain your coverage in plain and simple language and will help you shop around.

Call Optima Insurance Group at **1-877-940-5505** or visit www.hbc.com/homeandauto to learn more.

HUDSON'S BAY

Home and Auto insurance for Hudson's Bay customers is brokered by Optima Insurance Group, and underwritten by a number of Canadian Insurers. Home and Auto Insurance products are currently available in Ontario only. Hudson's Bay, hbc.com and their associated designs are trademarks of Hudson's Bay Company, used under license by Hudson's Bay Financial Services.

See that symbol? It means you can scan this image with your Metro News app to see a video clip featuring more immigrants who've made Canada home.

Nations within a nation

The First Filipino Baptist Church of Toronto is a key gathering spot for the rapidly growing Filipino community in Canada's largest city. DAVE STARRETT/FOR METRO

The Story of Us
Immigration in Canada

Immigrants banding together. Tight-knit communities offer support to new arrivals

DAVE LANGFORD
Metro in London, Ont.

Cely Velez was 39 when she came to Toronto in 1997, leaving her home in the Philippines behind.

"My mom is here and she was not that young anymore," Velez said, adding that her lone sister lives in California with six children. "So for me, I wanted to be the one responsible for my mom's care."

Velez is the business administrator at the First Filipino Baptist Church of Toronto. Sitting in the heart of the city with a congregation of about 410 people, the church is a focal point for Toronto's burgeoning Filipino community — the fastest growing enclave of immigrants in the nation, one expert said.

Dr. Sandeep Agrawal, a specialist in ethnic enclaves at the University of Alberta, said recent years have seen a big influx of immigrants from the Philippines, "even superseding (those from) India and China."

A 2011 National Household Survey showed 662,600 persons of Filipino descent now live in Canada.

Agrawal said the Filipino enclave is replacing one of Canada's oldest communities — the Jewish enclaves in central Toronto.

Dr. Mohammad Qadeer, professor emeritus of urban and regional planning at Queen's University in Kingston, said there are two dimensions to ethnic enclaves.

The first is a "residential concentration of people" and the other is a combination of various facilities, commercial establishments and churches, which together comprise an ethnic enclave.

"The most concentrated residential groups are Jews and then Italians and then Portuguese," Qadeer said.

Ultimately, the communities within communities help more established immigrants support those who are newer to Canada.

Velez falls into the second category of enclaves — her work and personal life both revolving around the First Filipino Baptist Church.

"It's always church-related events," Velez said. "We usually go into each other's homes. That's very, very important for us."

Community

Enclaves booming in Canada

Call it Little Italy, Chinatown or Little Manila.

No matter the name, ethnic enclaves are important to the immigrant communities they support — and the cities they're in.

For the cities themselves, traditionally large urban ones like Toronto and Vancouver, enclaves help bring in tourists looking for an authentically exotic bite or a first-hand brush with another culture.

And, in many cases, those same tourists help newcomers succeed by frequenting the businesses where they work.

"Enclaves are very lively and they help support immigrant life in a number of different ways," said Dr. Sandeep Agrawal, from the University of Alberta.

In recent years, enclaves have started branching into the suburbs of major cities, and most of Canada now has enclaves of various shapes and sizes.

If you ask Agrawal, there's no real downside to that. But, enclaves have, in the past, been cast in a bad light.

A 2003 Statistics Canada report "measured ethnic enclaves as part of an isolation index, meaning those who live in enclaves are isolated and that enclaves are bad," Agrawal said.

A followup paper "debunked that myth," showing that the communities actually help people adjust and, eventually, thrive in Canada.

Another myth is that the words "enclave" and "ghetto" can be used interchangeably.

"Ghetto is an old word which is based on racial and economic exclusion," Dr. Mohammad Qadeer of Queen's University said. "A ghetto is also a large concentration of poverty.

"Enclaves are not ghettos."

DAVE LANGFORD/METRO

Where we come from

COURTESY GOVERNMENT OF CANADA

THE STORY OF US: IMMIGRATION IN CANADA, TOLD IN FIVE PARTS

Day 1 1
Change and effect

Day 2 2
What Canada wants vs. what it gets

Day 3 3
Where we come from, where we go

Day 4 4
Happy times, hard times

Day 5 5
The future and beyond

Online
Live the stories of three immigrants in our five-part video series at metronews.ca

Something to squawk about: Cup cracks $36M

The Meiyintang "chicken cup" from the Chinese Ming Dynasty (1368-1644) is displayed during a press conference in Hong Kong on Tuesday. VINCENT YU/THE ASSOCIATED PRESS

'Chicken cup.' Small white porcelain piece from Ming Dynasty lays record profit at Sotheby's auction

A Shanghai collector bought a rare Ming Dynasty cup that's touted as the "holy grail" of China's art world for $36 million US at a Hong Kong auction on Tuesday, smashing the previous world record price for Chinese porcelain.

Sotheby's said Liu Yiqian was the winning bidder for the small white cup, which measures just eight centimetres in diameter and is more than 500 years old. The vessel is known as a "chicken cup" because it's decorated with a rooster and hen tending to their chicks.

It was made during the reign of the Ming Dynasty's Chenghua Emperor, who ruled from 1465 to 1487. Sotheby's said there are only 17 such cups in existence, with four in private hands and the rest in museums.

"This is really the holy grail when it comes to Chinese art," said Nicholas Chow, Sotheby's deputy chairman for Asia.

For such a prized item, bidding was limited to a handful of wealthy collectors and when the winning bid was hammered down at $32.2 million, the standing-room-only crowd broke into applause. The auction house's commission brought the total to $36.1 million. THE ASSOCIATED PRESS

American Airlines

Fly for free with miles ... sort of

If you use miles to get a free ticket on American Airlines, you may have to pay to check that suitcase.

American and US Airways announced changes Tuesday to their policies on checked-bag fees and redeeming miles for free flights. THE ASSOCIATED PRESS

Copyright

Hollywood studios sue Megaupload

Hollywood studios are suing the defunct file-sharing website Megaupload and its founder, Kim Dotcom, claiming the website facilitated massive copyright infringement.

The lawsuit was filed Monday in federal court in Alexandria, Va., seeking unspecified damages. THE ASSOCIATED PRESS

Greenpeace

P&G changes palm-oil policy after protests

The Procter & Gamble Co. has updated its policy on palm oil following high-profile protests by Greenpeace at its Cincinnati headquarters. The world's largest consumer products company said Tuesday it has adopted a "no-deforestation" policy for its palm oil supply. THE ASSOCIATED PRESS

U.S. Drugmaker hit with $9B penalty over diabetes medicine linked to cancer

A U.S. jury ordered Japanese drugmaker Takeda Pharmaceutical Co. and its U.S. counterpart, Eli Lilly and Co., to pay $9 billion US in punitive damages over a diabetes medicine linked to cancer. The drug companies said Tuesday they will "vigorously challenge" the decision.

The U.S District Court in western Louisiana ordered a $6 billion penalty for Takeda and $3 billion for its business partner and co-defendant Eli Lilly. It also ordered $1.5 million in compensatory damages in favour of the plaintiff.

The legal fight turned on whether Actos, which is a drug used to treat Type 2 diabetes, caused a patient's bladder cancer and by implication was responsible for other cases of the cancer. THE ASSOCIATED PRESS

IMF forecast. Canada's economy has some bright spots amid the grey clouds

The International Monetary Fund has again upgraded its projection for Canada's economy, but the latest outlook from the international financial organization shows it is far from sold on the country's underlying fundamentals.

"Downside risks to the outlook still dominate, including from weaker-than-expected exports resulting from competitive challenges, lower commodity prices and a more abrupt unwinding of domestic imbalances," it warns.

"Indeed, despite the recent moderation in the housing market, elevated household leverage (debt) and house prices remain a key vulnerability." THE CANADIAN PRESS

Market Minute

DOLLAR 91.56¢ (+0.39¢)

Natural gas: $4.54 US ($0.07)
Dow Jones: 16,256.14 (+10.27)

TSX 14,372.45 (+102.12)

OIL $102.56 US (+$2.12)

GOLD $1,309.10 US (+$10.80)

Wal-Mart ramps up growth in India after split from partner

Wal-Mart Stores Inc. says it will open 50 more wholesale stores in India over the next four to five years, adding to the current total of 20 in the country.

These stores, known as cash-and-carry outlets, cater to retailers, rather than to individuals.

Wal-Mart also said Tuesday it plans to launch an online operation for cash-and-carry customers in India.

The world's largest retailer announced last October that it was splitting from its Indian business partner Bharti Enterprises and said it couldn't go forward with plans for its own retail stores in India because strict government regulations on sourcing from local small businesses make it impossible. Wal-Mart's growth in India has also been hampered because of an internal bribery investigation that's making the discounter evaluate its practices abroad. THE ASSOCIATED PRESS

Wal-Mart aims to open 50 more wholesale stores in India. GETTY IMAGES

WE ARE DRIVEN TO DISTRACTION

JUST SAYIN'

Paul Sullivan
metronews.ca

Feeling foolhardy? Not taking enough risks? Looking for a death-defying experience?

Try texting while you drive. It could be the most dangerous thing you can do.

According to the CAA, you are 23 times more likely to be in a crash or near-crash compared with non-texting drivers.

Driving while texting is six times more dangerous than driving while intoxicated, according to the U.S. National Highway Traffic Administration Safety Administration; in B.C., where I live, there were 81 deaths in 2012 from distracted driving, compared to 55 from impaired driving.

I can keep throwing stats at you. But I should stop now and concentrate on my driving.

And so should you, if this morning's commute is any indication. Here's just a sample of the things we did in traffic today:

While travelling at least 60 klicks an hour, a woman in a Range Rover had the visor down and appeared to be putting on makeup while talking to her friend on her hand-held. As far as I can tell, the Pomeranian in her lap was doing the driving.

A line of people stopped at the red light appeared to be deep in prayer, so deep that the light changed and nobody noticed. Their faces were bathed in a strange, blue glow.

Soccer mom policed a van load of kids while talking on her hand-held. Yikes.

And it was breakfast time in the fast lane: muffins, very hot coffee, lip-searing burritos and sandwiches, assorted Tupperware from home, apples, oranges, bananas — oh my.

Any one of these distractions has a well-documented effect on your attention span. Yet we continue to drive through a multi-tasking medley of contortions. Our cars do double duty as kitchens, bathrooms, media centres and bedrooms (pets included).

What's interesting is that with the exception of hand-held devices, most of this nonsense is not cut-and-dry illegal.

"Excuse me, ma'am, but that's a $167 fine for driving with a Pomeranian in your lap. You're lucky it wasn't a Great Dane."

Nevertheless, it's dawning on governments that unless they do something soon, we won't make it through rush hour.

In British Columbia, which has some of the toughest drunk-driving laws in North America, the attorney general is aghast that, with one-third the population, it has more distracted-driving deaths than Ontario.

Maybe that's because Ontario has already jacked up its distracted-driving fine from $155 to $280. In an amusing touché, it goes to $500 if you contest it and lose, which should clear up a lot of nuisance court cases.

B.C. will probably raise its fines soon, and may even attach points to licences. Yet you have to wonder if enforcement is the answer. The province issued 51,000 tickets for distracted driving last year, but if this morning's circus on wheels is any indication, no one has noticed.

Their "minds" are elsewhere.

ZOOM

Seeing is revealing

COURTESY LIU BOLIN/SCREAM GALLERY

Artist blends into his surroundings

Glance at it and you'll see nothing remarkable, but take a closer look and you can spot the figure of a man standing in the background. Behold Liu Bolin, the globally renowned Chinese artist gifted with the uncanny knack to use body paint to blend into any backdrop. His first solo exhibition in the U.K., The Heroic Apparition, is open at London's Scream Gallery until May 10. METRO

Artist's viewpoint

"Each one chooses his or her path to come in contact with the external world. I chose to merge with the environment."

Liu Bolin, 41, artist based in Beijing
At a recent TED conference, Bolin said: "By making myself invisible, I try to question the inter-cancelling relationship between our civilization and its development."

A silent protest against the state

While his camouflage technique speaks of eccentricity, Bolin's message behind his artwork is in fact solemn and political in tone — a "silent protest against the state" for Chinese authorities' crackdown on artists. "I am standing, but there is a silent protest, the protest against the environment for the survival, the protest against the state," he said in a statement.
METRO

METRO AUGMENTED REALITY

SEE THE NEWS COME ALIVE...

DOWNLOAD METRO NEWS APP

FILL SCREEN WITH IMAGE TO SCAN

METRO AR IMAGE JUMPS TO LIFE

metro AR

In this issue, you can find AR enhancements on page 10 in News, page 13 in Scene, page 16 in Life, page 20 in Work/Education, and page 31 in Sports.

To see pages from Metro spring to life, simply download or update the Metro News app available from your device's app store and follow these three easy steps:

1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.

2. Hold your device over any image that has the AR logo near it. Make sure you wait for the green scanning bar to read the image!

3. Voilà! You should see the AR in action — like a video, slide show or mobile content experience. You can even move your phone away from the page and interact with the content directly on your device.

MetroTube

Subway ride gets riled by a rat

ANDREW FIFIELD
metronews.ca

Now, you may be tempted to dismiss the old saw that New Yorkers are a hardy bunch after watching this clip of a subway car packed with supposedly indomitable souls losing their minds over a single wayward rat. But don't be so swift to judge. Upon closer inspection, you'll notice that there isn't a single pant leg tucked into a single sock anywhere on this supposedly panic-filled car. We bet you don't feel so tough now. Those New Yorkers, man. Resolute.

GARY STEVENS/FLICKR

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Ottawa** Sean McKibbon • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Ian Clark • **Distribution Manager** Bernie Horton • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative and Marketing Services** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO OTTAWA** • 130 Slater St., Suite 100 Ottawa, ON K1P 6E2 • **Telephone:** 613-236-5058 • **Fax:** 866-253-2024 • **Toll free:** 1-888-916-3876 • **Advertising:** 613-236-5058 • adinfoottawa@metronews.ca • **Distribution:** joel.orlik@metronews.ca • News tips: ottawa@metronews.ca • **Letters to the Editor:** ottawaletters@metronews.ca

See that symbol? It means you can scan the photo below with your Metro News app to see a Rio 2 trailer

Taken with a bird's-eye view

Feathers in filmdom's cap. Rio 2's macaw Tyler Blu latest bird to vie for a perch in Hollywood's avian pecking order

IN FOCUS
Richard Crouse
scene@metronews.ca

Tyler Blu Gunderson, voiced by Jesse Eisenberg, has his second big screen outing this weekend in Rio 2. CONTRIBUTED

Hollywood's two most famous birds must be Donald Duck and Woody Woodpecker. Between them they've starred in almost 300 films.

This weekend Donald and Woody are joined by Tyler Blu Gunderson, a rare male Spix's macaw, voiced by Jesse Eisenberg making his second big screen appearance in Rio 2. He's joined by a cast of fine feathered friends, including a yellow canary (Jamie Foxx), a rapping red-crested cardinal (will.i.am) and a sulphur-crested cockatoo (Jemaine Clement), as they leave their home in Rio de Janeiro for the Amazon rainforest.

The colourful co-stars in Rio 2 are animated, which makes them a much more agreeable lot than Tippi Hedren's castmates in her most famous movie. In the Alfred Hitchcock film The Birds, she plays a wealthy socialite visiting Bodega Bay in Northern California when hundreds of ravens, seagulls and pigeons begin viciously attacking the townsfolk.

Some of the birds were props, but many of them were all too real. Actors with ground meat and anchovies daubed on them to entice the birds escaped with nips and scratches but Hedren took the worst of it during the shooting of the movie's famous attic scene.

She had been told mechanical birds would be used in the sequence that sees her trapped in a small room while birds attack her. When she arrived at the shoot she saw a cage built around the set and realized the plan had changed.

For a week, real birds were thrown at her by stagehands. Pecked and scratched by birds attached to her by elastic bands she screamed and sobbed as one of them gouged her eye. It was such a traumatic sight, Cary Grant, who dropped by the set to say hello, said, "You're one brave lady."

It's no wonder Hedren chose Marnie, and not The Birds, as her favourite Hitchcock leading role.

As distressing as the shoot for The Birds might have been, the movie is now considered a classic.

That can't be said for a film inspired by Hitchcock's avian terror.

Birdemic: Shock and Terror director James Nguyen says the inspiration for his movie dates back to 2006 when he saw a flock of seagulls flying toward him at Half Moon Bay south of San Francisco. The sight reminded him of Hitchcock's film, but he thought, "What if I make a movie where instead of seagulls and crows, it's birds of prey? There's nothing more shocking than eagles and vultures."

The self-financed film took four years to finish and laid an egg in theatres before it became a cult hit as one of the worst film ever made.

When asked what Hitchcock would have thought of Birdemic, Nguyen told Empireonline.com, "I think Mr. Hitchcock would forgive a lot of its imperfections and say, 'James, you did what you could. Do another one and try to do it better.'"

Debankify and entertain some friends tonight.

President's Choice FINANCIAL

Earn PC® points you can use for free groceries.

That's just good banking.

Some redemption restrictions; visit pcpoints.ca for details. ® Loblaws Inc. Used under licence. The loyalty program is provided by President's Choice Services Inc.

Actor is living a teenage dream

Tye Sheridan. At 17, this young thespian has already starred opposite a handful of Oscar winners including McConaughey

NED EHRBAR
Metro World News in Hollywood

Tye Sheridan may be one of the busiest teenagers in film. After an attention-grabbing start in 2011's The Tree of Life and 2012's Mud, 17-year-old Sheridan now stars in Joe — David Gordon Green's offbeat, darkly comic tale about a teenager (Sheridan) who befriends a surly ex-con (Nicolas Cage). Plus, Sheridan has four more films in the can, all set to come out this year. Somebody's a bit of an overachiever.

You got to take this film to a bunch of international festivals last fall. How did the reactions differ?
It's weird watching it with a foreign audience because they don't get a lot of the American humour. It's not just this demented, dark drama. When we screened in Venice or Deauville (I can't remember which), I was sitting on the second balcony, so I could see down into the audience and there was a group of old ladies that came to see the film and when [Nicolas Cage] beats up the wino, six old ladies just get up and walk out of the theatre. It was kind of funny to watch.

What are you looking for in future roles?
I don't know, anything that gives me a challenge. Anything that I have passion for, that I love the material. I worked on a film called Grass Stains last summer with a writer-director named Kyle Wilamowski, and he's been working on this for, like, eight or nine years, and this is his first feature. It's always fun to work with someone like that because you know they've put their heart and soul into the project. I love doing small, independent stuff because this is what people really care about. And I just did a film called Dark Places. It's an adaptation of a novel by Gillian Flynn. My character is convicted of murdering his family, so it's going to be really dark. He's kind of satanic, too.

Is there ever any consideration about your age as far as what subject matter is OK and what isn't?
You know, that's one of the coolest things about acting, I think, that you can be someone you're not. I mean, that's not you on the screen. Some of these characters are nothing like me. I'm not violent at all. I've never been in a fight. And it's like, every film that I've been in I've gotten into some kind of fight. It's cool because it gives you a challenge and you get to experience things that you normally wouldn't in your own personal life.

And it tells you a lot about how people perceive you.
Yeah, definitely (laughs).

You've already worked alongside the likes of Nicolas Cage, Matthew McConaughey, Brad Pitt. Any dream co-stars still on your list?
I want to work with James Franco, just because he's such a mystery man, you know? What is he? Is he a director, a writer, an actor? An artist? He's a cool guy.

One to watch

- **Born.** November 11, 1996 in Elkhart, Texas.
- **First feature film.** Tree of Life, where he starred alongside heavyweights Brad Pitt and Sean Penn.
- **Next up.** Tye Sheridan just finished a film called Dark Places with Charlize Theron and Chloe Grace Moretz.

Tye Sheridan stars in the darkly comic tale Joe, alongside Nicolas Cage.
CONTRIBUTED

TACORI 18K 925
April 12
TRUNK
Show

The Complete TACORI 18K 925 Collection
Join Us for Contests, Prizes, and Purchasing Incentives
Spend 250-499$ on your Tacori purchase and receive $25 Bijoux Dollars*!
Spend 500-749$ on your Tacori purchase and receive $50 Bijoux Dollars*!
Spend 750-1000$ on your Tacori purchase and receive $100 Bijoux Dollars*!
true bijoux
FABULOUS JEWELLERY FINDS
206 Sparks Street, Ottawa
Our Master Goldsmith will be available for a FREE jewellery cleaning for all of our attendees.
*True Bijoux Dollars valid on any subsequent purchase. Offer valid until August 31st, 2014.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Lindsay Lohan ALL PHOTOS GETTY IMAGES

Perhaps LiLo should lie low and not go to Coachella with her mom

Lindsay Lohan insists she's back on the straight and narrow with her sobriety, despite slipping and having "one glass of wine" shortly after her last stint in rehab. But folks in her inner circle think her plans to attend the rowdy Coachella music festival in the California desert — especially with party-happy mom Dina Lohan along for the ride — is a terrible, terrible idea, according to Radar Online.

"Lindsay should not be going to Coachella. And having Dina with her isn't really making anyone feel comfortable that she will be a good chaperone. It's a big alcohol and drug festival and it is the last place that Lindsay should be," a source says.

"Lindsay swears that she'll stay sober, but Coachella is a huge party and there are going to be so many temptations for her. Everyone is really worried about her."

Kirsten Dunst

Kirsten rides into mother lode of controversy on knight in shining armour

Kirsten Dunst is causing a bit of an uproar with her thoughts about traditional gender roles. "I feel like the feminine has been a little undervalued," she tells the U.K. edition of Harper's Bazaar in an interview.

"We all have to get our own jobs and make our own money, but staying at home, nurturing, being the mother, cooking — it's a valuable thing my mom created. And sometimes, you need your knight in shining armour. I'm sorry. You need a man to be a man and a woman to be a woman. That's why relationships work."

The Word

Scarlett adds nickname insult to sexy inquiry injury

Whatever you do, never call Scarlett Johansson "ScarJo" to her face, as the Captain America: the Winter Soldier star can't stand the nickname.

"I associate that name with, like, a pop star," she tells Glamour magazine, saying that the nickname "sounds tacky. It's lazy and flippant. There's something insulting about it."

That's not the only grievance she airs in the interview, as Johansson also takes on the long-standing double standards of Hollywood for men and women.

"Actresses get stupid questions asked of them all the time, like, 'How do you stay sexy?' or 'What's your sexiest quality?' All these ridiculous things you would never ask a man."

METRO WORLD NEWS

Ed Sheeran

Sheeran doesn't get why every girl crazy 'bout this ginger-haired man

Soft-spoken ginger singer-songwriter Ed Sheeran doesn't mind fans going nuts over him, even if he doesn't quite understand their passion. "I don't see myself as a sex symbol, but if other people do, I'm not going to complain," he tells Billboard magazine.

"I'm a singer that you never want to see shirtless. No one does! I haven't got a six-pack or pecs." When informed that there clearly are some Sheeran fans who would be up for him taking off his shirt, he shrugs. "To each their own," he says.

Katy Perry, left, and Lady Gaga

Do-uelling chanteuses flash locks in clashing chartreuses

So, slow gossip days mean round-ups of new celebrity hairstyles! We know, we know: This job *is* exciting.

First up, Maggie Gyllenhaal, who debuted a blonde pixie cut at the Cannes Film Festival on Monday night. The choice was a bit more conventional than Katy Perry's. She showed off her new 'do on Instagram Tuesday with the tag line "Slime green for spring, duh."

Speaking of green, Lady Gaga had a bit of the hue in her wild hair while closing down New York City's Roseland Ballroom on Monday night.

Twitter

@Miles_Teller
I've been saying "rock n roll" a lot lately. Not quite sure how I feel about it

@TheRealRoseanne
Watching honey boo boo show right now! I love it! #firsttime

@KellyOsbourne
whom ever started the rumor that I'm in "fat rehab" what exactly is "fat rehab" is it a 12 step program if so what might they be? #SoFunny!

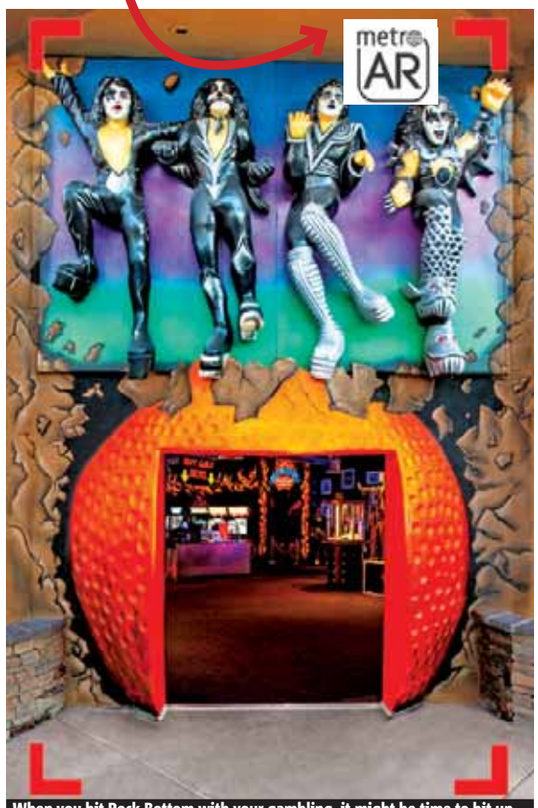
See that symbol? It means you can scan this image with your Metro News app to see a video of Kiss performing their song Detroit Rock City

LIFE 3

God gave rock 'n' roll to you

KISS gives you this. The painted rockers are getting inducted into the Rock and Roll Hall of Fame, so why not celebrate with a tour of some KISS-themed attractions?

STEVE GOW
life@metronews.ca



When you hit Rock Bottom with your gambling, it might be time to hit up the KISS-themed mini golf course in Las Vegas. CONTRIBUTED

KISS even has their own Arena Football League team in L.A. CONTRIBUTED

On Thursday, one of the biggest rock acts in the world is finally being inducted into the Rock and Roll Hall of Fame. But if fans of KISS can't make it to Brooklyn's Barclays Center for the ceremony, not to worry — there are many other ways to honour the face-painted performers whose career has spanned four decades. Here are a few other innovative KISS attractions in North America:

Plaster Caster

Niagara Falls may boast brilliant views of one of the natural wonders of the world but if you want waxy replicas of relentless guitar gods, Rock Legends Wax Museum at the top of carnivalesque Clifton Hill presents plaster casters of KISS as one of its most sought-after spectacles.

Calling Dr. Love

There are countless wedding chapels in Las Vegas but only one offers a fire-breathing Gene Simmons impersonator to stand as your Sinister Minister. The Hotter Than Hell Wedding Chapel in Las Vegas features concert-atmosphere nuptials on a KISS replicated stage (complete with fog machines), concert ticket invites and a live webcast. Even the real Gene Simmons has popped in and joined newlyweds as a witness. Visit kissweddingchapel.com.

Walk the Rock

Sure, Grauman's Chinese Theatre in Hollywood is where fans can compare their handprints in cement with those of Tinseltown's biggest actors, but a few miles away at Guitar Center's Rockwalk on Sunset Boulevard, hard rock devotees can measure their mitts against their favourite KISS member. Step inside the Hollywood landmark and check out Paul Stanley's "Iceman" guitar and boots on display. Visit rockwalk.com.

Putt it Out Loud

Just when mini-golf couldn't get any more exciting, now at the KISS by Monster Mini Golf in Las Vegas, fans can play golf on a well-designed glow-in-the-dark 18-hole course while hits like Detroit Rock City blast over loudspeakers.

Who doesn't want to ace a hole-in-one by putting up the extended tongue of an enormous Gene Simmons head? Surprisingly, it's actually popular for kids' birthday parties. Check out monsterminigolf.com/kiss.

Gods of gridiron

Earlier this month the team Los Angeles KISS debuted in the Arena Football League. Not just an incidental moniker, the squad is co-owned by Gene Simmons and Paul Stanley and they're not afraid to show it in uniforms designed with flames and the band's iconic logo. Games will even feature rock bands stoking up lulls in play ensuring that the Gridiron Gods of L.A. rock 'n' roll all night ... and party every game. See lakissfootball.com.

AIR CANADA VACATIONS

Discover PORTUGAL
NON-STOP FLIGHTS FROM TORONTO

Scenic Portugal
Fly & Drive
Lisbon • Fatima • Porto
9 days | 7 nights
July 14
$1899
Add taxes & other fees: $99

Cultural Portugal
Coach Tour
Lisbon • Fatima • Porto • Urgeiriça
12 days | 10 nights
July 9
$2699
Add taxes & other fees: $99

visit Portugal

aircanadavacations.com Call 1 877 236-6228 or your travel agent

Prices reflect applicable reductions, are subject to change without notice and cannot be combined with any other offer or promotion. Prices are in Canadian dollars, are valid for bookings made on Apr. 9, 2014, apply to new bookings only and for departure dates as indicated. Prices are per person based on double occupancy, unless otherwise stated, from Ottawa - Macdonald-Cartier International Airport in Economy class and include surcharges. Non-refundable. Subject to availability at time of booking. Not applicable to group bookings. Further information available from a travel agent. Flights operated by Air Canada or Air Canada rouge. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. TICO registration #50013537. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

aeroplan tico.ca

Las Vegas loves quaint home cooking

From swank cuisine to shrimp and grits. Tourists sick of high-end fare are flocking to a simple diner with a Southern touch

Eat sits on the ground floor of a nondescript motel-style apartment complex. THE ASSOCIATED PRESS

Try buttery cinnamon biscuits topped with berries. THE ASSOCIATED PRESS

You might not expect to find farm-to-table dining in Las Vegas. But that's exactly why tourists are lining up at a rundown corner a few blocks near the old casinos in the town's seedy core.

It takes visitors arriving by cab a few minutes to locate the nouveau diner Eat on the ground floor of a motel-style apartment complex that rents rooms by the month and looks like a place where a down-on-his-luck crime caper hero might live.

But this is Las Vegas' first neighbourhood restaurant with an emphasis on freshness and locally sourced ingredients.

Eat has been a favourite among locals since it opened two years ago, when more than 100 people lined up to get their first taste. Chef and owner Natalie Young temporarily closed the restaurant that first night to regroup.

She conceived the restaurant as an antidote to the caviar-drenched, truffle-infused upscale restaurants most commonly associated with Sin City. She spent more than a decade working at some of the Strip's fanciest venues, including the restaurant at the top of the ersatz Eiffel Tower. At Eat, she's kept the linen napkins, but chucked the overheated menu descriptions and steep prices.

"There's enough Vegas in Vegas," she said, raising her voice a little to be heard above the buzz of a typically packed morning at Eat.

The menu is small, with a Southern accent, and it's closed for dinner. Breakfast offerings include buttery cinnamon biscuits served with berries piled on top, free-range eggs any way you like, and pillowy beignets with seasonal jam and mascarpone.

For lunch, there are salads, sandwiches on thick toasted bread, shrimp and grits, and the best grilled cheese in town.

There can be a two-hour wait for a table on weekends — though it's more like 15 minutes on weekdays.

The place tends to be noisy, and that's by design. The ceilings are high, the tables are spread out, and there is no Wi-Fi, to encourage diners to interact with each other.

For locals, there's another major appeal: You can walk there.

Other cities take for granted the ability to stroll from lunch to a store to a cafe, but until recently in Las Vegas, residents have been forced to choose between driving to strip malls or braving the sprawling indoor mall that is a modern casino.

Now, however, downtown Vegas is starting to cohere into the city's first traditional neighbourhood. Within the past 12 months, a critical mass of boutique restaurants has moved downtown, a novelty in an area long dominated by the Heart Attack Grill, where people who weigh over 350 pounds (about 160 kilos) eat free.

THE ASSOCIATED PRESS

Quoted

"There's enough Vegas in Vegas."

Eat's chef and owner Natalie Young on the need for less fine dining fare and more simple cuisine in Las Vegas.

JBC Travel Tico:50007915
Monday-Friday 10:00-17:00 Saturday 10:00-14:00
Tel: 613.569.3888 www.jbctravel.ca
Adresse: 286 Kent St., Ottawa ON K2P 2A4 Fax: 613.569.1666 bustour@jbctravel.ca

Coupon $20 offered
This $20 coupon per person is offered on board the bus for "Toronto 2 / 3 days" "New York 3 / 4 days" during Easter long weekend
Easter Holiday Super Offer for Bus Tour
All departures guaranteed

Toronto -1000 Islands - Niagara Falls 3 Days
Departures: Apr.18/19
Breakfast included Occ.(4):
~~139~~ 118 $+ p.p

Toronto - Niagara Falls 2 Days
Breakfast included Occ.(4):
Departures: Apr.19/20
Departure: Apr.18 price:109$/p.p
~~119~~ 98 $+ p.p

New York 3 Days Breakfast included Occ.(4):
Departure: Apr.18/19 ~~139~~ 129 $+ p.p
tour libre: Departure: Apr.18/19 ~~169~~ 159 $+ p.p
Limited Departure: Departure: Apr.18 ~~189~~ 169 $+ p.p

New York 4 Days
Breakfast included Occ.(4):
Departure:Apr.19 ~~170~~ 158 $+ p.p
Departure:Apr.18 ~~169~~ 158 $+ p.p
tour libre:
Departure:Apr.19 ~~200~~ 188 $+ p.p
Departure:Apr.18 199 $+ p.p

Eastern USA 4 Days ~~189~~ $+ p.p
Departures: Apr.18/19 New York, Washington.D.C, Philadelphie, Atlantic City, Woodbury Outlets
Breakfast included Occ.(4): 179 $+ p.p

Washington D.C & Philadelphia 4 days
Departure: Apr.18
Breakfast included Occ.(4): 199 $+ p.p

Boston & Rhode Island 3 Days Breakfast included Occ.(4): ~~159~~ $+ p.p
Visit: Harvard University - MIT - Quincy Market
Departure: Apr.18 Shopping at Premium Outlets in Boston 149 $+ p.p

Boston 2 Days Breakfast included Occ.(4): ~~129~~ $+ p.p
Departure: Apr.19
Visit: Harvard University - MIT - Quincy Market 119 $+ p.p

Early Booking can get until 10% off
Price starting from OCC.(4) / p.p

Toronto -1000 Islands - Niagara Falls 3 Days
Departures: Apr. 12/26
May: every Friday & Saturday
Breakfast included Occ.(4): ~~139~~ 129 $+ p.p

Toronto - Niagara Falls 2 Days
Hôtel aux chutes Niagara!!!
Departures:Apr. 12/26
May: every Wednesday & Saturday
Breakfast included Occ.(4): ~~119~~ 109 $+ p.p

New York 3 Days Breakfast included Occ.(4):
Departures: Apr.11/12/25/26
May:every Wed., Fri. & Sat.
tour libre: ~~139~~ 129 $+ p.p / ~~169~~ 159 $+ p.p

New York 4 jours Breakfast included Occ.(4):
Departures: Apr. 11/25
May: every friday
tour libre: ~~179~~ 169 $+ p.p / ~~209~~ 199 $+ p.p

Eastern USA 4 Days New York, Washington.D.C, Philadelphie, Atlantic City, Woodbury Outlets
Breakfast included Occ.(4):
Departures: May 3/17 ~~189~~ 179 $+ p.p
Washington & Philadelphie 4 Days Breakfast included Occ.(4):
Cherry Blossom Festival
Apr.11
Departure regular: May16 199 $+ p.p

Boston & Rhode Island 3 Days Breakfast included Occ.(4):
Shopping at Premium Outlets in Boston
Departure:May 17 ~~159~~ 149 $+ p.p
Visit: Harvard University - MIT - Quincy Market
Boston 2 Days Breakfast included Occ.(4):
Departure:May 17 ~~129~~ 119 $+ p.p
Visit: Harvard University - MIT - Quincy Market

Across Canada 10 days 799 $+ p.p
Departure days: July. 7 / Aug. 4
(4): $799+ (3):$999+ (2):$1199+ (1):$1699+
Price includes:9 night's hotel / 9 breakfasts / luxury transportation / tax
Payment: Cash, Debit Card, Cheque
(4): $799+ (3):$999+ (2):$1199+ (1):$1699+
Across USA 10 days 799 $+ p.p
Departure days: July. 17 / Aug. 14

Price valid until April 13 2014 Price includes: *Transportation by coach 3 starts hotel(for the trips 2 days or plus) *Tour guide *Taxes *Certain conditions apply *OPC funds are included (FICAV de 1$ par tranche de 1000$) JBC Travel Inc. reserves all rights to modify the circuits and hotels.

How more and more city folk are finding the purr-fect stress buster

Cat cafés. Felines feature first at this cosy London tea room

Would you like a cat with that cuppa? THE ASSOCIATED PRESS

Would you like some kitten with your coffee? Feline company is exactly what one of London's newest cafés is offering — and stressed-out city-dwellers are lapping it up.

"People do want to have pets and in tiny flats, you can't," said café owner Lauren Pears, who opened Lady Dinah's Cat Emporium last month in an area east of the city's financial district.

"There's not many places in London you can just curl up with a book and chill out with a cat or two on your lap," she said. "I think that's what our success is down to."

"I can see how this would be good for someone lacking company," said customer Sara Lewis, as she stroked a cat sitting on her lap. "It's the best idea ever."

The cosy English tea room, named after Alice's cat in Alice in Wonderland, charges customers £5 pounds ($9.15) for two hours of kitty company. Coffee and afternoon tea — sandwiches, cakes and scones — are on the menu at an additional cost.

Lady Dinah's opened March 1, and is fully booked until the end of June.

Pears raised more than £109,000 ($200,000) through a crowd-funding campaign to get the café up and running. Despite more than a year of planning permission delays and figuring out how to maintain health and safety standards, she says the hard work has been worth it.

The 11 resident kitties were donated by people who could no longer look after them. Kitty welfare is paramount: The cats get regular breaks away from people, and staff have been trained by animal behaviourists to care for them.

Lisa Vann brought her 8-year-old daughter, who has learning difficulties, to Lady Dinah's for a playdate. "She's delighted to be here," she said.

The animal café craze shows no signs of slowing, with establishments now open in London, Vienna and Paris. A dog café, House of Hounds, is scheduled to open in London later this year.

THE ASSOCIATED PRESS

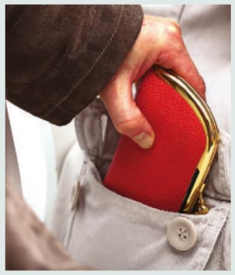
Cats and caffeine: Do you need anything else? THE ASSOCIATED PRESS

Japanese origins

Cat cafés first took off 10 years ago in Japanese cities, where many people live alone in cramped high-rise apartment blocks that don't allow pets. Making feline friends became popular therapy for lonely or anxious workers.

Extended to April 30!
Donate your way to the sun
100 per cent of net proceeds raised by Clothesline directly support the Canadian Diabetes Association
Donate your gently used clothing to Clothesline by April 30, for a chance to win a dream family getaway for 4 to sunny Barbados!
Visit diabetes.ca/clutter to donate and enter
CLOTHESLINE SINCE 1985 GIVING IS ALWAYS IN STYLE 1-800-505-5525
Canadian Diabetes Association
diabetes.ca | 1-800-505-5525

How-to



Avoid pickpockets

Carry your wallet in a front pocket, with the opening facing down. 2. Be alert in busy areas. Pickpockets target train stations, bus stops, crowded street corners and street performances. 3. Be wary of diversions: If someone tries to get your attention or brushes up against you, make sure your hand is on your wallet. 4. Turn backpacks into frontpacks. 5. Carry handbags across your body or under your arm, with the flap facing your body. 6. "Snatch-and-grabs" are considered violent crimes. Just let them have it. **DOUG WALLACE/METRO**

Tool

Live your own Vegas movie

New app Suiteness sets you and your friends up for a Vegas weekend à la Hangover Part IV — or at very least for Facebook, in spite of the "stays in Vegas" adage. The app lets you book a high-roller, multi-bedroom suite with your buddies for the same prices you would pay for several regular rooms. You plug in your wants and needs (minus the bartender and the tiger) and Suiteness gets back to you within 24 hours with your options. Los Angeles, New York and Miami won't be far behind. **DOUG WALLACE/METRO**

Deals

Parrot Cay, Turks & Caicos

Sometimes you just owe it to yourself to amp up your vacation with a little extra indulgence. Special anniversary? Milestone birthday? Parrot Cay, the award-winning private-island retreat may be just the place to celebrate. There is amazing diving, a serene spa, wellness programs and very fussed-over food. From April 25 to Dec. 15, the resort is offering four nights for the price of three, seven nights for the price of five and 14 nights for the price of 10 (some blackouts apply). Visit comohotels.com/parrotcay. **DOUG WALLACE/METRO**

Seeing Europe as an insider has never been easier

Travel to Europe independently and you'll see iconic sights.

Travel with us and your vacation will be as unique as it is hassle-free, with handpicked hotels, included sightseeing and exclusive Insider experiences that take you deeper into every destination.

Britain & Ireland Panorama
20 days
From $4,125*
per person - twin share

In the craic and Guinness of Ireland or the tea and scones of England, the welcoming hospitality of the British Isles is one of its biggest attractions and one of your lasting memories.

Great Italian Cities
11 days
From $2,599*
per person - twin share

Floating islands, Papal splendour and Renaissance masters. Italy's greatest cities are in the spotlight on an epic discovery of Venice, Florence and Rome.

AIR BONUS SAVINGS $400**
PER COUPLE
QUOTE PROMO CODE: PPTAIR2009

Experience value beyond the expected
Visit your Travel Agent, call 1-800-352-4444 or visit **www.trafalgar.com**

TRAFALGAR
see the world from the inside

Terms & Conditions: *Advertised prices are land-only, inclusive of all taxes and based on double occupancy. Prices are valid on the following dates – Britain & Ireland Panorama: Apr 11, 2014; Great Italian Cities: Nov 6, 13, 20 & 27, Dec 4 & 11, 2014. **Save $400 per couple ($200 off per person) when you book Trafalgar 2014 Europe & Britain guided vacation (excluding City Break, East Mediterranean & Cruise itineraries and group bookings) in conjunction with flights on any carrier including published air. Land and Air must be booked with Trafalgar. New bookings only. Travel must be taken before December 31, 2014. Booking dates: April 2 to 30, 2014. A $200 land deposit is due within 3 days after booking, full payment is due by April 30, 2014. Flights must be round-trip departing from a Canadian gateway to Europe and/or Britain. Open-jaws and Seat Sale fares are permitted but earlier ticketing payment may apply; not applicable to one-way itineraries. Flights are non-refundable once paid in full. No name changes are permitted. Offer is combinable with brochure discounts (where applicable) but not combinable with Last Minute Deals. Flights are subject to availability and offer may be withdrawn at any time without notice. Other conditions may apply. Please quote promo code **PPTAIR2009** at time of booking.

ACTA TICO # 1583987W. 33 Kern Rd, Toronto ON M3B 1S9

52 WEEKENDS A YEAR, 52 CHANCES TO

BE A WEEKENDER.

CHICAGO
WEEKEND NIGHTS FROM
$89* USD

MONTREAL
WEEKEND NIGHTS FROM
$109* CAD

WASHINGTON, DC
WEEKEND NIGHTS FROM
$89* USD

TORONTO
WEEKEND NIGHTS FROM
$99* CAD

NEW YORK
WEEKEND NIGHTS FROM
$119* USD

BE A WEEKENDER AND BOOK GETAWAY TODAY.
You only get 52 weekends a year, so make the most of them. Unwind on a romantic weekend at Waldorf Astoria™ Hotels & Resorts or Hilton® Hotels & Resorts, or take the little ones to a family-friendly hotel like Embassy Suites™ and Hampton®. Wherever you go, our more than 4,000 hotels have the weekend you're looking for. Take advantage of great rates before the next weekend is gone.

BOOK NOW AT HILTON52WEEKENDS.COM

Hilton HOTELS & RESORTS · WALDORF ASTORIA HOTELS & RESORTS · CONRAD HOTELS & RESORTS · DOUBLETREE BY HILTON · EMBASSY SUITES · Hilton Garden Inn · Hampton · HOMEWOOD SUITES BY HILTON · HOME2 SUITES BY HILTON · Hilton Grand Vacations · HILTON HHONORS

*Sample daily rates featured are subject to availability for weekend travel through May 30, 2014. Rates will vary based on selected hotels and may include higher or lower rates than advertised based on specific travel dates selected. "Weekend rate" includes nightly rates which may begin on Friday or Saturday. Each hotel has a policy addressing cancellations and/or blackout dates that may apply. Unless otherwise stated, quoted rates are per room per night, based on double occupancy and do not include taxes, gratuities, incidental charges or resort fees (where applicable). The Best Available Rate is a specific rate type that varies depending on time of purchase, is unrestricted, non-qualified and excludes discount or negotiated rates. Amounts are listed in United States Dollars and Canadian Dollars. Exchange rates change daily. Your reservations will be booked in the local hotel currency. ©2014 Hilton Worldwide.

How Polkaroo put me on the right career path

From host to the most. As TalentEgg.com launches its exciting Challenges platform, one Egger tells her own tale of working toward greatness

LEAH RUEHLICKE
TalentEgg.ca

TalentEgg contributor and friend to Polkaroo, Leah Ruehlicke.
CONTRIBUTED

When I was about 10 years old, I decided my goal in life was to be a TVO Kids host. Thirteen years, one university degree and 25 pairs of jeans later, this remained my life ambition.

So, after helplessly sending out resumé after resumé and putting in way too many hours into a job I couldn't care less about in order to pay those bills, I decided perhaps this was life's way of telling me to chase that dream.

I signed up to volunteer with TVO, and when they offered me a gig timing a ping-pong tournament with Polkaroo, I figured this was the breakthrough I had always been waiting for.

I went. I wore my bright green T-shirt with pride and ran that stopwatch like my life depended on it.

I smiled at people. I even talked to some — and in doing so I ended up meeting my current boss. Fast forward one year, and I'm happily employed in an industry I never thought I'd be in. I'm not a TVO Kids host — but in pursuing that dream my ambitions changed into something completely unexpected and even more exciting.

I now work somewhere that challenges me, inspires me and makes me think. And I owe it all to Polkaroo.

I also owe it all to allowing myself to stand out. That, to me, is exactly what Challenges is all about. I know the pain of the job hunt. It sucks.

For entire year I questioned everything; whether or not I pursued the right degree or if I wasn't as smart as I thought or if I had chosen to live in the wrong city; if people thought I had a weak mind and flat hair and if I had only bought the more expensive blazer maybe the interviewer would've taken me more seriously.

I felt discouraged and sad and hopeless because at the end of the day I simply didn't know how to stand out.

Beating my employment challenge meant throwing myself at a dream I had cherished for more than a decade, not knowing what would happen.

Challenges offers that same potential, without all of the uncertainty that goes with it. It gives students and recent grads the chance to show that they are thought leaders, driven, willing to try something new and put their all into a project.

It's exactly the kind of opportunity you need as you prepare to navigate the school-to-work transition.

What is TalentEgg Challenges?

TalentEgg Challenges will give young people the opportunity to demonstrate and verify their skills — helping them prove to employers that they have what it takes to be valuable employees.

- Students and grads can tackle relevant online Challenges presented in partnership with innovative brands and employers.
- After completing a Challenge, participants receive a review of the skills and experiences gained, which can easily be added directly to their resumé and LinkedIn profile. Top performers in each Challenge will also be eligible for a range of prizes.

Visit talentegg.ca/challenges for more details.

Augmented Reality

Are you ready to take on Metro's AR Challenge?

See that symbol? It means you can scan this image with your Metro News app to see one of the amazing things you can do with Augmented Reality

If you're a student or recent grad, you know the Get Your First Job catch 22: No one wants to take a chance on you because you have no real world experience. And unless someone gives you a job, you can't gain that experience.

That's why Metro is pumped to partner with TalentEgg in an exciting Challenge designed to give every entrant an opportunity to show what they can do.

The Challenge: Show us a compelling and innovative way Metro can use our new Augmented Reality (AR) technology to bridge the printed and digital worlds.

The Prize: A $500 Future Shop gift certificate, and the chance to see your idea implemented, engaging 1.8 million readers in all 10 Metro papers from Halifax to Vancouver.

We're looking for the big idea that will resonate with our Millenial audience and will reflect the Metro brand personality: smart, urban, tech-savvy, opinionated and in-the-know.

Metro AR represents the first time a newspaper has developed a custom, native solution for bringing augmented reality to its product. What makes AR particularly interesting is that while it represents storytelling through the lens of mobile devices today, it is a precursor to how news and information will be distributed in the near future. That might be through wearables like Google Glass, via windshields on vehicles or perhaps another exciting iteration that has yet to come to market.

Metro's Challenge asks students to apply creative thinking to a new frontier in the publishing world. It's an opportunity for students and grads to showcase their ability to take concepts they've learned at school and bring them to bear on an exciting and evolving form of storytelling.

"The real reward lies in the feedback report that students receive as part of their participation, outlining their ranking and the competencies/skills gained through participation," says TalentEgg founder Lauren Friese about the contest."This feedback can be used for personal improvement, but more significantly, can be added to participants' resumés and LinkedIn profiles as proof and validation of their ability to translate theory learned in the classroom to real scenarios."

For more information, visit talentegg.ca/challenges and get cracking! METRO

PHARMACIE DESJARDINS PHARMACY

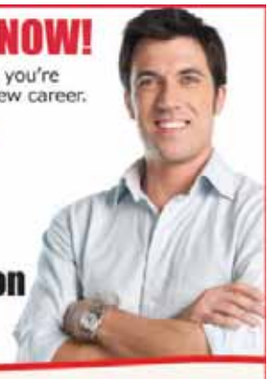
NOW HIRING

BILINGUAL PHARMACY ASSISTANT: We are seeking a bilingual Pharmacy Assistant for a one year contract at our retail dispensary located in the Byward Market. Candidates must possess retail pharmacy experience, an ability to work autonomously in a busy pharmacy and maintain an organized workflow, and an aptitude for pharmacy software programs. Bilingualism is an asset.

Please send your resume in confidence by email to pauldesjardins@pharmaciedesjardins.ca or by fax at 613.241.4694.

YOUR SUCCESS STARTS RIGHT NOW!
By making the decision to call Algonquin Careers Academy, you're saying goodbye to "job hunting" and hello to an exciting new career.

CONSIDER A CAREER IN BUSINESS OR LAW:
- ACCOUNTING & PAYROLL ADMINISTRATOR
- PARALEGAL (accredited by LSUC)
- LEGAL ASSISTANT



Classes starting soon
613-722-7811

ALGONQUIN CAREERS ACADEMY
www.algonquinacademy.com 1830 Bank St, at Walkley station

metro

MAKING THE GRADE

Wednesday, April 9, 2014

A big change for younger schoolchildren in Ontario is the introduction of full-day kindergarten, which will be rolled out this fall. PRESSMASTER/SHUTTERSTOCK

Changing the way kids learn

JENNIFER TAPLIN
For Metro

Education Minister Liz Sandals has a lot to brag about.

She is proud the Ontario education system has received international recognition and emulation, but the feather in her cap is the inclining high school graduation rate. In the past 10 years, 15 per cent more students are graduating high school, making it easier for them to get jobs. That means 83 per cent of high school students are graduating.

"We're just making a huge change in the lives of those kids who wouldn't have graduated 10 years ago, but who are graduating now," she said.

The graduation rate began to rise once it was recognized the students who were struggling with academics would benefit more from a skills-based education. Specialized skills majors were introduced so students can take a cluster of courses in grades 11 and 12, which incorporates a work placement. This isn't just wood shop — the programs are diverse, depending on the location of the school and nearby industries.

Once completed, students receive a red seal on their diploma in manufacturing, construction, agriculture, IT or many other majors.

Starting on the right foot

"What we're doing with the full-day kindergarten program is making sure every student in Ontario gets the best start possible."
Education Minister Liz Sandals

Another big change, although more recent, is the introduction of full-day kindergarten. It already exists in many of the province's elementary schools but will be completely rolled out by the fall. It is play-based learning orchestrated by a teacher and an early childhood educator in each classroom.

"We know that little kids are just like little sponges and they soak up so much information and there's so much brain development," Sandals said. "What happens to them early is really important because it sets the foundation for greater years."

But with anything, there is always room for improvement. Sandals said they need to produce graduates who know how to use the latest technology and are more prepared for the workforce.

"And, quite frankly, we as educators have to figure out how to use technology more effectively to enhance education," she said.

"It's still really important that students have great literacy and numeracy skills, but there's this broader basket of skills to make sure the student is more well-rounded."

What's inside

Searching for the perfect environment
Page 22

Local enrolment continues to flourish
Page 24

Technology changing the face of classrooms
Page 25

Colleges provide hands-on learning
Page 27

Mature students place emphasis on retooling
Page 28

ÉDUCATION PERMANENTE

ONLINE / IN CLASS FRENCH AND SPANISH LANGUAGE
TRAINING FOR ONTARIO RESIDENTS ONLY

Levels: 1 to 8 **(FRENCH)** *Levels: 1, 2 and 5 **(SPANISH)**
Date: Monday April 14 to June 30, 2014
Time: 6 pm to 9 pm
Ongoing registration: 181 Donald Street, Ottawa
Duration: 10 weeks (30 hours in class plus 30 hours online)
Cost: $35.00

*For more information please call: 613-741-2304 ext. 3

CONSEIL DES ÉCOLES CATHOLIQUES DU CENTRE-EST

www.educationpermanente.ca

The perfect learning environment

Options. Parents should research which education to choose: Public, private or homeschooling

Parents can choose to educate their children through public or private schools, or homeschooling. MICHAEL JUNG/SHUTTERSTOCK

GEORDON OMAND
For Metro

While the vast majority of Ontario's more than two million kindergarten to Grade 12 students are enrolled in the public school system, going public is far from the only education option in the province.

Last year, more than 111,000 students attended approximately 850 private schools across the province.

Jan Campbell taught for 10 years in the public school system and is now executive director of the Conference of Independent Schools of Ontario.

"I think public schools do an outstanding job in most cases," she said.

In her view, however, the independent school system allows more choice for parents.

In Ontario, private schools are independent organizations without any government funding, unlike public schools.

"I would never say one is better than the other," Campbell said. "They're just different."

Proponents of the private school system cite smaller class sizes, more varied extracurricular activities and even better school reputations as benefits.

But the value-added qualities of private schools seldom come cheap, even with financial assistance programs.

"Parents are paying a lot of money," Campbell said. "Some schools are charging up to almost $30,000 after tax per student."

Still, she added, for some families the cost is worth it.

That desire to find the perfect learning environment is what often motivates some parents to opt for a third education option — homeschooling.

According to government records, about 4,750 students in the province are homeschooled, though that figure is not precise because registration is not mandatory.

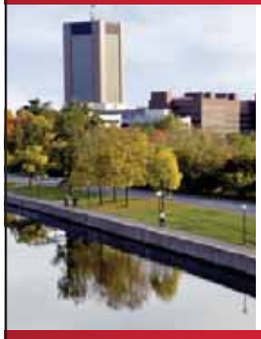
"Homeschooling is not having somebody in the basement of your house and not letting them out," said Carlo Ricci, who teaches in the Schulich School of Education at Nipissing University in North Bay.

"(It's about) understanding that learning happens everywhere."

According to Ricci, some parents choose home instruction for ideological or religious reasons, others because they believe in self-directed learning.

While there are options between public, private or home learning, parents ultimately want to equip their children with the tools to succeed.

The Management Certificate for Women (MCW)
Elevate your influence!



- A unique program designed for women by women to increase leadership skills and build a sound understanding of all functional areas of business
- 20+ years of advancing women in business with a network of 600+ alumnae
- A proven success rate with more than half of all graduates promoted to management positions
- From September to March for 2 day/month, join like-minded business women and learn key management skills, share experiences and address particular business challenges faced by women in management

Experience the difference and achieve professional success

- Investing in the MCW increases workplace effectiveness, career management abilities and overall career and life satisfaction
- Courses focused on communications and relationships will increase your ability to manage conflict, understand team dynamics, manage change and motivate others
- Courses focused on strategy and results will provide you with effective frameworks to understand business strategy and principles of financial management

Only 32 spots available – Apply now!

SPROTT SCHOOL OF BUSINESS
sprott.carleton.ca/MCW

Carleton UNIVERSITY
Canada's Capital University

What will your story be?

Career Training

"I Want to Become a Medical Laboratory Assistant/Technician!"

Everest College is a great place to build a healthy future!

CALL NOW! 1-866-475-3192
VISIT US ONLINE AT WWW.TRAINATEVEREST.CA

Everest COLLEGE
BUSINESS • TECHNOLOGY • HEALTH CARE

14 CONVENIENT LOCATIONS IN ONTARIO
Everest College is the largest private career college in Ontario with more than 5,000 enrolments last year.

OTTAWA EAST • OTTAWA WEST
Courses are taught by instructors with real-world experience. Hands-on training in small work teams. Career services assistance available to graduates. Flexible class schedules.

Literacy is evolving

Strong literacy skills are one of the critical foundations for all other academic achievements. SHUTTERSTOCK

Skills needed for a lifetime of success

GEORDAN OMAND
For Metro

Literacy. Traditionally understood as the ability to read and write, our understanding of literacy in the 21st century now includes being able to navigate the ubiquitous technologies of the modern world.

And, according to some, Canada is falling behind.

"Canada has an essential skills problem," says a TD Economics report released in 2013, which described the country's performance in a recent international literacy assessment as "depressing."

In the Programme for the International Assessment of Adult Competencies test, Canada only managed to score an average in literacy, a lower assessment than one made 10 years earlier.

"The problem has clearly not gone away," the report the continued. "If anything, we are heading in the wrong direction."

According to Annette Hegel, a spokeswoman with the Ottawa-based Canadian Literacy and Learning Network, about 70 per cent of high school graduates leave school with a literacy level averaging around Grade 7 or 8.

The impacts are huge, Hegel said. She described how literacy is connected to income, health, longevity, employment and social engagement.

Ontario's Ministry of Education agreed on the importance of literacy.

"Strong literacy skills are one of the critical foundations for all other academic achievement and for a lifetime of success," spokesman Gary Wheeler wrote in an email.

Immersed in a second language

PAULINE ANDERSON
For Metro

According to experts, there are a number of pluses to the French immersion program. ERMOLAEV ALEXANDER/SHUTTERSTOCK

Parents in Ottawa can choose early French immersion starting in senior kindergarten or opt for middle French immersion from Grade 4 onward

More parents are doing just that. In 2009, there were 36,564 students in French immersion in the Ottawa-Carleton District School Board (OCDSB) and the Ottawa Catholic DSB. In 2011, that number had increased to 38,282.

According to experts, there are a number of pluses to the French immersion program. Students should become functionally bilingual, perhaps even developing a facility to learn other languages, and their future career opportunities could improve.

The program doesn't affect English language skills and it has no long-term negative impact on academic achievement. In fact, becoming bilingual can boost cognitive and linguistic growth.

Even children with a learning difficulty can benefit from French immersion. A problem with reading, writing or another subject will surface no matter what language is taught.

And parents don't have to speak French for their child to flourish in an immersion program. They should just be encouraging and supportive of their child.

Ottawa area schools have the largest French immersion program in the country. Almost two-thirds (62 per cent) of parents with children going into senior kindergarten choose this option, said Jennifer Adams, director of education, Ottawa-Carleton District School Board.

CLASSES STARTING MONTHLY

Legal Assistant

NEW PROGRAM!

Program Objective

This program prepares you to become a vital and valued member of a legal team in a variety of work environments such as law firms, legal departments, governments and financial service companies to name just a few! Strong administrative skills combined with an excellent foundation of legal and procedural knowledge allows you to help the legal team to function smoothly and efficiently.

Career Opportunities

Numerous career opportunities exist for Legal Assistants. Law offices, courts, financial organizations, insurance companies, Police and armed forces are but a few of organizations requiring Legal Assistants. Algonquin Careers Academy provides hands on instruction in a well-equipped classroom. The Legal Assistant Diploma program consists of 34 weeks of training, including a 4 week co-op placement.

Courses included in the Legal Assistant program are:

- General Law Office Procedures
- Wills and Estates
- Civil Litigation
- Real Estate Law
- Family Law
- Corporate and Commercial Law
- Principals of Canadian Law and Legal Terminology
- Introduction to Computers (Word, Excel, PowerPoint)

CALL TODAY! 613-722-7811

Paralegal

PART-TIME EVENING PROGRAM NOW AVAILABLE!

Program Objective

Did you know that to practice as a Paralegal in Ontario you must be licensed by the Law Society of Upper Canada (LSUC)? In order to write the LSUC licensing exam,you must graduate from a program of study accredited by LSUC. The paralegal program at Algonquin Careers Academy is accredited by LSUC. The objective of this program is to provide both theoretical and "hands-on"training in the key areas of paralegal work and to ensure the student is prepared to successfully undertake the Law Society's licensing exam.

Career Opportunities

The need for well-trained,competent legal professionals has never been greater. Paralegals may find employment in a wide variety of workplaces, including:

- Government (Federal, Provincial, Municipal)
- Advocacy agencies
- As a Self-Employed Paralegal
- Law and Paralegal Firms
- Courts (Federal and Provincial)
- Legal Clinics
- Banks/Financial Institutions
- Insurance Companies
- Large Corporations

ALGONQUIN CAREERS ACADEMY

1830 Bank Street
at Walkley Station

www.algonquinacademy.com

Local board. Bucking the trend

PAULINE ANDERSON
For Metro

As other boards in Ontario face dwindling school populations, the Ottawa-Carleton District School Board (OCDSB) is bucking the trend.

"We're in an unusual situation of being one of the few school districts in the province that does not have declining enrolment," said Dr. Jennifer Adams, the board's director of education.

Chalk that up to population expansion in suburbs like Kanata, and to the influx of families from around the world. About 21 per cent of children in her schools speak a language other than English or French at home, Adams said.

In addition to building supports and resources to enable all students to reach their academic potential, the board's mandate includes student well-being, whether it's physical, social/emotional or cognitive.

"There's a real link between academic achievement and well-being," Adams said. "You can't have one without the other."

In addition to building supports and resources to enable all students to reach their academic potential, the Ottawa-Carleton District School Board mandate includes student well-being. MONKEY BUSINESS IMAGES/SHUTTERSTOCK

This push for wellness is in keeping with a 2009 amendment to the province's education act, but Ottawa has implemented changes quicker than other school boards.

"Our district has jumped up to the plate very quickly," Adams said. "I'm not sure how many other districts have a framework for well-being and a plan to kind of roll that out over the next couple of years."

On the academic front, Ottawa schools, like others across the province, are grappling with declining math scores. Adams is keen to promote "a balanced" math program that teaches both operational skills (like memorizing times tables) and problem-solving skills, so students can apply their math knowledge in today's complex environment.

In an increasingly digital society, the OCDSB is embracing technology as an instructional tool. Schools are moving toward a BYOD (bring your own device) approach in the classroom, but Adams stresses that computers and other devices should be accessible to all students. The board has also discussed good "digital citizenship" at all levels and has introduced Wi-Fi in all schools.

"We want students to feel comfortable with the technology they use very proficiently on an ongoing basis in their everyday life."

Eastern Ontario

- The seventh largest school board in Ontario, the Ottawa-Carleton District School Board (OCDSB) is the largest in eastern Ontario. The board has more than 70,000 students in 147 schools within an area spanning 2,760 square kilometres. The district includes communities such as South Carleton, Manotick, Richmond, Kanata and Stittsville, as well as Ottawa, which has a population that's closing in on 900,000.

Students will receive updated facilities at some local schools, which are adding new classrooms. PRESSMASTER/SHUTTERSTOCK

School projects humming along

JENNIFER TAPLIN
For Metro

A much-needed elementary school in the Kanata North area needs a home.

The Ottawa-Carleton District School Board had its eye on a property on Innovation Drive to construct a new elementary school with funding already approved by the Ministry of Education. But the city of Ottawa refused to switch the zoning to allow for a school.

The school board took the matter to the Ontario Municipal Board for review, but, unfortunately, it's not a fast process, usually taking several months for analysis.

"The city of Ottawa understands the urgent need for a new elementary school in Kanata North and, therefore, is working co-operatively with the OCDSB to find an alternative site that will allow us to build and open the school for September 2015," wrote Michael Clarke, superintendent of facilities, and Olga Grigoriev, superintendent of Instruction, in a memo to explain the delay.

They are looking for an appropriately zoned, seven-acre lot, which is hard to come by in the Kanata North area.

But other school projects in the area are humming along.

The Mutchmor Public School is under construction to add nine new classrooms, a new main office located by the door, a library on the second floor plus renovations to the computer room and three other classrooms in the existing building. Construction started last year and is expected to be finished by September.

The tender for a 32-classroom addition to the Longfields-Davidson Heights Secondary School is expected to be sent out soon. The addition is primarily for grades 7-8, and when it's finished by September 2015, the entire school is expected to house 2,200 students from grades 7-12.

The Earl of March Secondary School is also making room for Grade 7-8 students. Construction is expected this summer with a target opening date of September 2015.

Refurbishment

- The W. E. Gowling Public School is making use of a recent refurbishment to house a new early French immersion program. It will be phased in starting with senior kindergarten in September, adding one grade per year until kindergarten to Grade 6 is achieved in the 2020-21 school year.

Teachers always adapting

It's not the teaching — that's the easy part. It's everything else that can make teaching a stressful job.

Peter Giuliani, president of the Ottawa-Carleton Elementary Teachers Federation, said teachers deal with a lot of pressures these days, including higher standards of accountability and expanding parental expectations.

A rise of special needs children requiring their own adapted education plans puts the squeeze on teachers' time and attention.

"I think almost any good teacher will tell you this — the actual act of teaching is not the hard part of the job," he said. "The thing that always kills you is managing behaviour. I would say the biggest single stressor is classroom management."

Fragmented teaching assignments, or teaching multiple grades in one class, also make it tougher for Ottawa teachers, he said.

"At least 25 per cent of the elementary classes here are split grade," Giuliani said. "In our area, that's exacerbated by the fact we have multiple programs — early immersion, middle immersion and the regular English streams."

The Ottawa-Carleton District School Board hires additional teachers to mitigate the problem, but Giuliani said he thinks there are still too many teachers who are trying to deliver two curriculums simultaneously.

Sharon Cook, education professor at the University of Ottawa, said teachers are under pressure like never before and the profession is changing fundamentally. In terms of training, as of 2015, students will require two years instead of eight months if they are entering the teaching profession.

Then there is the integration of technology to the classroom, Cook said, and the accountability for the demands on teachers' time and learning outcomes that puts pressure on teachers. JENNIFER TAPLIN

Crossing the digital divide

Information overload? Technology can bring benefits and challenges to students' critical thinking

RICHARD WOODBURY
For Metro

Some teachers are embracing technology in classrooms, while others aren't so keen on the idea. HURST PHOTO/SHUTTERSTOCK

Across the country, there isn't a consensus on how technology should be used in the classroom with elementary and high school kids. While some schools are embracing it, others are resisting it, and others still fall somewhere in the middle. What does this mean for the future? Nobody is really sure.

"It's kind of difficult to see where it's going exactly, but we have hints of it," said George Gadanidis, a professor at the University of Western Ontario's education department in London.

For example, Gadanidis was recently in a Grade 3 classroom where a teacher was making use of an interactive whiteboard, an online textbook and the students had laptops.

The students worked in small groups doing computer programming, which modelled what they were learning in math.

While this highlights some of the benefits technology can bring into the classroom, it also has its drawbacks, including that students have trouble making sense of the vast quantity of information available.

"There's a lot of interest in critical thinking," said Donovan Plumb, a faculty member of Mount Saint Vincent University's education department in Halifax.

By having strong critical-thinking skills, students will be able to assess the information, determine what is valid and process it into a neat and tidy package.

Helping students process this information comes down to a matter of teaching method, said Cameron Montgomery, a professor in the University of Ottawa's education department.

"Explicit teaching is modelling an assignment for a teacher, breaking them into groups, letting them experiment, testing that model and allowing students to independently do a similar assignment themselves," says Montgomery.

One benefit of technology is it is allowing students at the high school level to take courses online and can allow them to tap into courses which may not be available in the traditional classroom setting where they live.

This is the face
of change.
UNIVERSITÉ
SAINT·PAUL
UNIVERSITY
Discover our Programs:
• Canon Law
• Conflict Studies
• Counselling, Psychotherapy and Spirituality
• Group Intervention and Leadership
• Human Relations and Spirituality
• Philosophy
• Public Ethics
• Social Communication
• Theology
THERE'S STILL TIME TO APPLY FOR OUR FALL 2014 SEMESTER!
APPLY ONLINE:
ustpaul.ca
223 Main Street, Ottawa ON
613-236-1393 | 1-800-637-6859
Saint Paul University is the founding college of the University of Ottawa (1848), with which it has been academically federated since 1965.

A tough assignment for any student

College or university? Taking the next step with your education will define much of your future

LEE ROMAN
For Metro

Whether you are a young student fresh out of high school or a mature learner looking to update your knowledge, retool your skills and grow your experience, choosing the right post-secondary institution can be a tough assignment.

With so many options out there — including university, and community and career colleges — where do you begin? Not sure? Here are some facts and tips that might help.

Talk to a graduate

Seek out recent graduates of programs at both the college and university, and request an interview. Ask them about the learning culture. Did they enjoy themselves there? Did they live in residence?

Ask about online learning

If you are not able to leave home for financial or other reasons, but still want to attend college or university, online courses might be for you.

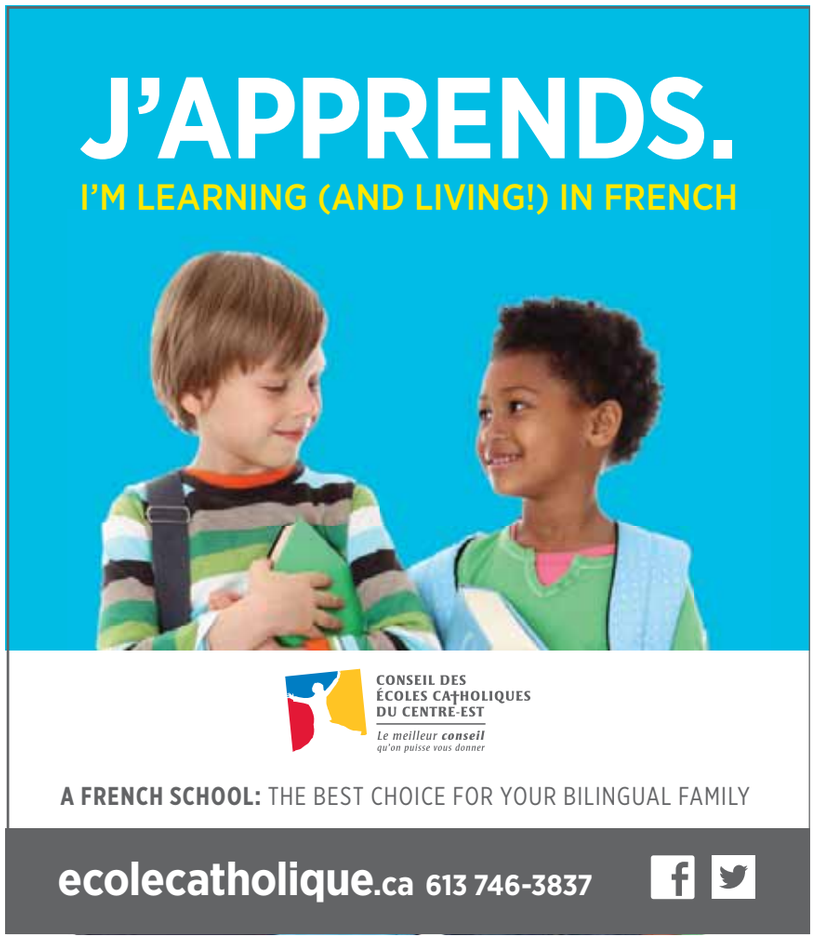
Check out the rankings

It's common for magazines to publish studies ranking colleges and universities by comparing them in terms of their budgets, class sizes and host of other data.

Use online resources

The Association of Universities and Colleges of Canada (AUCC) offers a wealth of information about Canada's universities. The AUCC's database (aucc.ca/study) includes all university programs offered in Canada. The Directory of Canadian Universities (aucc.ca/dcu) includes information on scholarships, facilities, programs, fees and institution profiles.

There are many resources available to help prospective students choose a post-secondary destination. LISA F. YOUNG/SHUTTERSTOCK


J'APPRENDS.
I'M LEARNING (AND LIVING!) IN FRENCH
CONSEIL DES ÉCOLES CATHOLIQUES DU CENTRE-EST
Le meilleur conseil qu'on puisse vous donner
A FRENCH SCHOOL: THE BEST CHOICE FOR YOUR BILINGUAL FAMILY
ecolecatholique.ca 613 746-3837

Colleges maintain close ties to both the professional world and listen to student demand in determining what new programs need to be offered. GOODLUZ/SHUTTERSTOCK

Colleges can offer a degree with experience

MARK SPOWART
For Metro

In 2013, a record-setting 180,000 Ontario post-secondary students enrolled as first-year students in one of the 26 Ontario Colleges of Applied Arts and Technology across the province.

"Enrolment is at the highest level we have seen," said Tony Frost, executive director of brand management at Fanshawe College in London. "It also marked the first year in over a decade where first year applications at universities declined."

Schools like Fanshawe and Algonquin College in Ottawa have long had to deal with the stigma of being the second choice or the backup option if someone didn't get into the university they had selected.

Now with many specialized programs and degree options, Frost believes colleges are coming into their own.

"We want to offer the full gamut, and sometimes that is giving students the choice to get the credentials that are critical for them, as well as their future employers," Frost said. "The primary thing is that you are getting a degree with experience — having that applied component really helps."

Fanshawe and Algonquin maintain close ties to both the professional world and listen to student demand in determining what new programs need to be offered or how current programs needed to be adjusted to reflect current trends.

"There is student demand and there is employment demand for future programs," Frost said, adding that they "look at at least seven new programs each year. "

Fanshawe, like other Ontario colleges, has an advisory committee made up of members of the business world as well as officials from the college. They listen to businesses, professionals and students in determining what new programs the college will develop and offer.

Frost believes the next big step for colleges will be the world of e-learning.

"We need to make learning accessible. If you look at young learners, it is what they are growing up on. It also appeals to adult learners who may not have time during the day to come to the college."

A brief history

- Most Ontario colleges opened in the 1960s after William Grenville Davis, the minister of education at the time, tabled Bill-153 in 1965, which created a post-secondary educational system that was different from universities, many of which had been established more than 100 years earlier.
- In the early days, colleges offered a Ontario College Diploma (OCD) upon successful completion of their programs. By the early 2000s, colleges were starting to offer degree programs similar to those offered at universities, and, in some cases, offered programs in conjunction with a local university.

Job market. University provides an advantage

PAULINE ANDERSON
For Metro

A few decades ago, a university education was a ticket to job success in a booming economy, but today's employers may be hunting for more practical and applicable skills. Should kids today skip university and head straight for a diploma, or is a higher education that teaches critical thinking still a worthwhile investment?

No matter which way you slice it, any post-secondary education is important in terms of job prospects. Seven out of every 10 new jobs created in Ontario require post-secondary education or training , said Ministry of Training, Colleges and Universities spokesperson Tanya Blazina.

"It leads to more earning power and more career choices, which is especially important in a tough economy."

Young people are getting the message, with more high school grads opting to stay in school instead of entering the workforce. Since 2002, there have been almost 161,000 more students enrolled at Ontario colleges or universities, an increase of more than 40 per cent.

A university degree provides an edge, though. A Council of Universities report found that university graduates have the best employment rates and highest salaries, and are more likely to land a job in their chosen field compared to graduates of other post-secondary institutions.

Major considerations for university, however, are the time commitment and the cost. Full-time tuition at Carleton University, for example, is $5,818 to $8,373, depending on the program, according to the Association of Universities and Colleges of Canada.

According to Statistics Canada, among all Canadian metropolitan areas, the Ottawa-Gatineau region had the largest proportion of adults with a university degree in 2011.

After graduation

A university education is still a good choice in terms of job prospects. According to Tanya Blazina, spokesperson for the Ministry of Training, Colleges and Universities, in 2013:

- 86.5 per cent of 2,010 university graduates were employed six months after graduation.
- Two years after graduation, 92.2 per cent of these grads were employed.
- The graduation rate for the student cohort starting in 2003 was 81 per cent, compared to 74 per cent for the cohort starting in 1998.

FREE ENGLISH CLASSES

OTTAWA CHINESE COMMUNITY SERVICE CENTER
渥太華華人社區服務中心

Ottawa Chinese Community Service Centre (OCCSC)

381 Kent Street Suite 208, Ottawa

For more information, call: 613-235-4875 ext.126/128

Language Instruction for Newcomers to Canada (LINC)

- Part-time with flexible schedules; evening classes available LINC 1-6
- Several LINC locations: Central, Barrhaven and Kanata
- Small Classes
- Free childminding (19 months to 6 years)

ELIGIBILTY:
- Age 18 and older
- Permanent Residents or Convention Refugees
- Ontario Residents

In LINC classes at OCCSC, you will learn about:

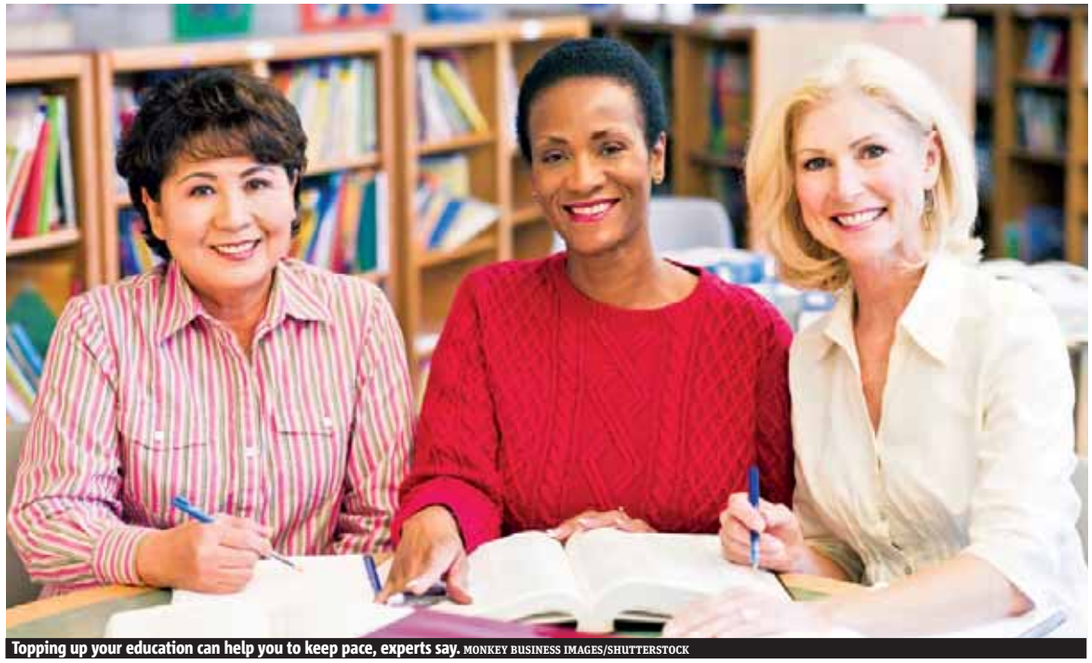
- **Post-secondary education and employment preparation**
- **Daily life**
- **Canadian culture, and many other topics of interest to newcomers**

Funded by: Financé par :
Citizenship and Immigration Canada | Citoyenneté et Immigration Canada

Emphasis on retooling

Continuing education. Focus now on learning specialized skills for evolving roles, requirements

JON TATTRIE
For Metro



Topping up your education can help you to keep pace, experts say. MONKEY BUSINESS IMAGES/SHUTTERSTOCK

Fast-changing workplaces mean the education you received in your 20s is unlikely to stand up for a 40-year career, experts say.

Christine Wilton, a continuing education program manager at London's Western University, says topping up your education can help you keep pace. She said it's especially true for those in the "knowledge economy."

To figure out what education will best help you, Wilton suggests looking at postings for the job you want. "What kind of skills are they looking for? Is there a gap there?"

Also consider what you can afford in time and money, as some courses take much more of both. If you have been out of education for a while, make sure you understand the commitment and the possible reward. It can pay off. "You open options up for yourself," she said.

Wilton said project management is a popular upgrade now.

The connections you make with fellow students can pay off, too.

Peggy Watts, director of Mount Saint Vincent University's distance learning and continuing education department, said in the 1980s, the focus was often on completing degrees so students could get better salaries or return to the workforce.

"While those needs still exist, there is now more emphasis on retooling and learning specialized skills for adapting to change and evolving roles and requirements," she said.

If you are upgrading to stay in the same company, Watts suggests talking to your supervisors or the human resources department to see what they are looking for. Talk to the university, too.

"Asking to speak to graduates of particular programs can yield information useful for deciding on a course of study," she said."Online resources and networks abound and can be very helpful."

Great benefits

- Peggy Watts says some of the greatest benefits of lifelong learning are the ones you don't plan for. "Learning opens the mind and can lead people down unexpected and exciting paths that enrich their lives overall," she said.

ARE YOU LOOKING FOR:
+ A superior private education with small class sizes?
+ Dedicated and highly experienced teaching staff?
+ Focus on reading and math skills?
+ Art and music instruction?
+ Two and a half hours of daily outdoor activity?
+ Before and after school care?

Venta Preparatory School offers all this!
Find out more. Visit us!

OPEN HOUSE
Date:
Thursday, May 8, 2014
Time:
9 AM - 5 PM
Location:
2013 Old Carp Road

Accepting Registration for Junior Kindergarten to Grade 9.
JK and SK Basic Tuition: $10,000
Grades 1 and 2 Basic Tuition $15,000
Contact us for more information:
VENTA PREPARATORY SCHOOL
Let the talent soar!
613.839.2175
info@ventaprep.com
www.ventapreparatoryschool.com

Professional development. Training boosts innovation

HEATHER BEAUMONT
For Metro

Company training and development programs can make for a better workforce and a more competitive country. MICHAEL JUNG/SHUTTERSTOCK

Company training and professional development programs can have a great impact on employee morale and corporate culture.

"The workplace becomes more creative, innovative, productive and effective," Isabel Feher-Watters, from the Canadian Society for Training and Development (CSTD), said of organizations that invest in staff development. The CSTD is a non-profit organization committed to promoting workforce learning and corporate training.

"Whatever the organization's goal, people who feel supported work harder," Feher-Watters. "It makes for a better workforce and a more competitive country."

The CSTD's acting president also referred to a recent edition of the Conference Board of Canada's Learning and Development Outlook. The report reveals that organizations with strong learning cultures have first-class employee performance, higher levels of customer satisfaction and provide higher quality products and services to their customers.

Kate Wright, marketing and product development, Algonquin College, corporate training, works with a variety of employers who recognize the value of upgrading their employees' skills.

Her department organizes employee training for the federal government, municipalities, the private sector and technology-based organizations across the country.

"Employers approach us when they want to move forward with a piece of new legislation or a new knowledge area or hands-on skill," Wright said. "We do training with organizations on business analytics, propane tank training, health and public safety — everything from A to Z."

Feher-Watters said company orientation for a new hire "gets them comfortable and confident in the work they're doing. It introduces them to the culture." With continued opportunities for professional development "they're more likely to stay because the company has invested in them."

A kick of heat for this meat

Orange Sriracha Maple Chicken Thighs with Spring Greens. Orange juice moonlights as a tenderizer in this dish

DINNER EXPRESS
Emily Richards
food@metronews.ca

FLASH FOOD

From your fridge to your table in 30 minutes or less

This recipe makes eight servings. FLORIDA DEPARTMENT OF CITRUS

Looking for some spice in your life at dinner time? Well, Orange Sriracha Maple Chicken Thighs with Spring Greens might help you feed that craving.

These smoky and spicy chicken thighs are addictive with their balance of heat and sweet.

Chicken thighs are tender and offer up juiciness and flavour while being easy to prepare thanks to Florida orange juice, which helps add flavour and tenderize the chicken for a deliciously moist bite every time.

The sweet hint of orange juice is paired with a spicy kick of sriracha chili sauce and local pure maple syrup, making this a truly great introduction for spring that could become a quick favourite.

Ingredients

- 3/4 cup (175 ml) orange juice
- 2 tsp (10 ml) smoked paprika
- 2 large cloves garlic, minced
- 1 tsp (5 ml) dried oregano or 1 tbsp (15 ml) chopped oregano
- 1/4 cup (60 ml) sriracha chili sauce
- 3 tbsp (45 ml) pure maple syrup
- 2 lbs (1 kg) boneless skinless chicken thighs (about 12)

Spring Green Toss

- 1 pkg (142 g) mixed spring greens
- 1 tbsp (15 ml) canola oil
- 2 tbsp (30 ml) white wine vinegar
- 1 tbsp (15 ml) orange juice
- Pinch each dried oregano, salt, pepper

1. In a large resealable bag, combine orange juice, paprika, garlic, oregano, chili sauce and maple syrup. Add chicken; seal bag and turn to massage chicken evenly. Refrigerate for at least one hour or up to overnight.

2. Place chicken on oiled, preheated grill over medium heat, turning once or twice for 10 to 15 minutes or until no longer pink inside and juices run clear.

3. Spring Green Toss: In a large bowl, toss greens with oil, vinegar, Florida orange juice, oregano, salt and pepper and serve with chicken.

Cooking tips

- Orange juice is a staple in many homes and most often enjoyed at breakfast. But start thinking outside the box at the dinner table and add some orange juice to a sauce or dressing for flavour and enhancement. You might just get a bit more creative each time you step into the kitchen.
- Trim any visible fat from chicken thighs before marinating.
- Sriracha has a big kick of heat, so for a milder version use only two tbsp (30 ml) of the sauce in the recipe. Look for it in the international aisle of your grocery store.

Fine sweet and tangy balance

The trouble with sweet-and-sour chicken is that the flavour is mostly sweet and weirdly acidic. It never seems to deliver on the satisfying balance of gently sweet and teasingly sour.

A caramel-based sauce spiked with ginger, lime juice and fish sauce is the solution.

The result is deliciously sweet, but equally tangy and savoury. Be warned: These Sweet-and-Tangy Caramelized Chicken Thighs are not the gloopy red sweet-and-sour with pineapple and cherries you know from the takeout box. They're better!

Ingredients

- 1/2 cup sugar
- 1/4 cup water
- 1/4 cup fish sauce
- 2 tbsp low-sodium soy sauce
- 1 tbsp grated fresh ginger
- Juice of 1/2 lime
- 1 tbsp canola or vegetable oil
- 3 pounds boneless, skinless chicken thighs, trimmed and cut into 1/2-inch strips
- Scallions, thinly sliced, to garnish
- Fresh cilantro, chopped, to garnish

1. In a large saucepan over medium heat, combine the sugar and water. Bring to a simmer and cook without stirring for about 10 minutes, or until the sugar has browned and thickened to caramel. Stir in the fish sauce, being careful of sputtering, then the soy sauce, ginger and lime juice. Return to a simmer.

2. Meanwhile, in a large sauté pan over medium, heat the oil. Add the chicken and cook, stirring often, for 20 minutes, or until cooked through.

3. When the chicken has cooked, use a slotted spoon or tongs to transfer the chicken (but none of the liquid in the pan) into the caramel sauce. Toss to coat the chicken with the sauce, then transfer it to a serving platter. Top with scallions and cilantro.

THE ASSOCIATED PRESS

This recipe makes six servings. MATTHEW MEAD/ THE ASSOCIATED PRESS

Mike Weir and Graham DeLaet of Canada walk down a fairway during a practice round prior to the start of the 2014 Masters Tournament at Augusta National Golf Club on Tuesday in Augusta, Ga. ANDREW REDINGTON/GETTY IMAGES

Augusta gets fresh start sans Woods

Noted absence. Tiger out could make 2014 the most wide-open Masters in 20 years

One after another, some of the world's best players and favourites to win the Masters trudged up the hill on the opening hole to start their practice rounds.

Phil Mickelson. Rory McIlroy. Adam Scott.

It was typical of any Tuesday at Augusta National, except for the scoreboard which has the names of all 97 players in the field, with blank boxes to put their scores when the tournament begins. On the far right side of the board is a list of this year's noncompeting invitees.

Tommy Aaron. Doug Ford. Tiger Woods.

"It's a weird feeling not having him here, isn't it?" said Phil Mickelson, a three-time Masters champion and the chief foil for Woods over the years. "He's been such a mainstay in professional golf and in the majors. It's awkward to not have him here. I hope he gets back soon. I hope he's back for the other majors. As much as I want to win — and I know how great he is and tough to beat — it makes it special when he's in the field and you're able to win."

Woods hasn't been the same all year, even before back surgery last week. He is missing the Masters for the first time. His presence looms as large as some of the Georgia pines lining the fairways, though it will be forgotten when the opening shot is in the air Thursday, and a green jacket is awarded Sunday.

Even so, Woods brings a buzz to any tournament, even at Augusta National.

And this year, his absence has brought talk of the most wide-open Masters in nearly 20 years. Las Vegas has installed Scott and McIlroy as the betting favourites at 10-1, followed by Mickelson, Jason Day and Matt Kuchar at 12-1.

McIlroy had his own version of a betting sheet on the table where he sat during his interview: the tee times for the opening two rounds. Told that 97 players were in the field, the 24-year-old from Northern Ireland figured 70 had a chance to win.

THE ASSOCIATED PRESS

MLB

Orioles hammer Yankees

After a week of pop-ups, the Baltimore Orioles showed off real pop.

Delmon Young, Adam Jones and Matt Wieters homered as Baltimore teed off for 20 hits, battering the New York Yankees 14-5 Tuesday.

"It was a lot of fun," reigning major league home run champion Chris Davis said.

THE ASSOCIATED PRESS

Tennis

Canada at home for Davis Cup

Canada will have home-court advantage in its bid to stay among the world's best tennis countries.

Canada will host Colombia in a Sept. 12-14 tie, with the winner starting Davis Cup play in the World Group next year.

The location of the best-of-five competition has yet to be announced, but hosting the tie is a definite advantage for Canada, says the team captain. THE ASSOCIATED PRESS

NHL

Canadiens rest before playoffs

Coach Michel Therrien said he will give Carey Price, Andrei Markov and Alexei Emelin a rest ahead of the NHL playoffs.

The Canadiens play Wednesday in Chicago and at home against the New York Islanders on Thursday before ending the regular season Saturday against the New York Rangers. THE CANADIAN PRESS

Debankify and score better seats.

President's Choice FINANCIAL

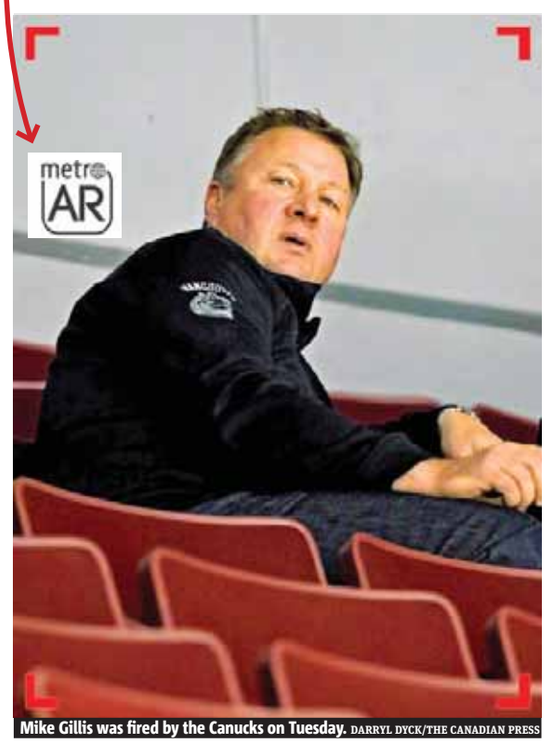
Save up to $200 yearly with a no fee bank account.

That's just good banking.

Savings comparison based on the fees for limited and unlimited transaction account packages and one order of cheques as offered by the major Canadian banks as of January 1, 2014.
®Loblaws Inc. Used under licence. President's Choice Financial personal banking services are provided by the direct banking division of CIBC.

Scan this image with your Metro News app to view a gallery of memorable moments from the Mike Gillis era in Vancouver.

Canuck fans get their way



Mike Gillis was fired by the Canucks on Tuesday. DARRYL DYCK/THE CANADIAN PRESS

NHL. Shortly after falling out of playoffs in Vancouver, GM Gillis gets canned

Less than three years after leading the Vancouver Canucks to within a game of the Stanley Cup, Mike Gillis is out of a job.

The club fired its president and general manager on Tuesday, just over 14 hours after the team was eliminated from playoff contention in a listless and embarrassing 3-0 loss to the Anaheim Ducks that had fans at a half-empty Rogers Arena chanting "Fire Gillis" in the game's dying minutes.

"The Vancouver Canucks had success under Mike's leadership, and we nearly reached our ultimate goal; but I believe we have reached a point where a change in leadership and new voice is needed," team owner Francesco Aquilini said in a statement announcing the move.

The Canucks have three games remaining on their schedule, but were given Tuesday off. Aquilini was set to meet the media on Wednesday morning before the team practises.

At the NHL general managers meeting last month in Boca Raton, Fla., Gillis pointed to injuries and head coach John Tortorella's infamous locker-room incident against the Calgary Flames as reasons for a disappointing mid-season swoon that saw the team win just four of 20 games, including eight consecutive regulation losses.

Gillis was named NHL general manager of the year for the 2010-'11 season and signed a contract extension after the 2011-12 campaign, but admitted in a recent radio interview that the Canucks' fall from grace put his job security in question. THE CANADIAN PRESS

Time for a change

Apart from this season's product on the ice, Mike Gillis had also been roundly criticized for his poor draft record, questionable free-agent signings and trades, and the handling of the Roberto Luongo saga.

Curling

Koe hopes revamped rink helps his Olympic dream come true

Veteran skip Kevin Koe already has one world title and two national titles on his resume.

His next mission is to qualify for the Winter Olympics and he's assembling a new team to try to make it happen.

Koe plans to leave the rink he guided to victory at the Tim Hortons Brier for a new lineup that will include Marc Kennedy at third, Ben Hebert at lead and Brent Laing at second. It's an experienced all-star crew that will have its eye on qualification for the 2018 Winter Games in Pyeongchang, South Korea.

"It was not an easy decision," Koe told The Canadian Press from Calgary. "But I felt the timing was good personally for me — just with the next Olympic cycle coming up — to make a change." THE CANADIAN PRESS

NCAA basketball

LeBron sends congrats to Ollie

LeBron James remembers just about every detail from his days playing alongside Kevin Ollie in Cleveland, including that the newly crowned coach of the NCAA champions wore No. 12.

And James is thrilled that now Ollie is No. 1.

Even though he's professed to rooting for Kentucky at times in the past and has a close relationship with Wildcats coach John Calipari, James raved on Tuesday about the job Ollie did while leading Connecticut to the national title. UConn topped Kentucky 60-54 on Monday night for the title, one that came in Ollie's second season on the sideline.

"I've got a lot of respect and I'm very, extremely happy," James said before he and the Miami Heat played the Brooklyn Nets. "Even though I have a lot of Kentucky connections.... I was in a win-win situation and I was extremely happy for K.O. I think it was big time." THE ASSOCIATED PRESS

Chelsea's Ba says humbug former favourite club PSG

Growing up, Demba Ba dreamed about scoring big goals for Paris Saint-Germain. With the team he supported as a child on the verge of reaching the Champions League semifinals for the first time in 19 years, Ba instead scored the goal that knocked them out.

Now it is Chelsea joining European football's elite in the last four for the seventh time in 11 years.

Ba seemed the most improbable player to complete Chelsea's comeback, having been largely overlooked by Jose Mourinho for much of this season, but he delivered from the bench when it mattered most for the 2012 European champions.

Demba Ba celebrates scoring Chelsea's second goal against Paris St-Germain on Tuesday in London. GETTY IMAGES

Ba's sixth goal of the season in the 87th minute, after Andre Schuerrle's first-half opener, clinched a 2-0 victory that overturned a 3-1 loss from the first leg and sent Chelsea through on away goals.

"It happened so quickly," Ba said. "I was on the floor, just looked at the goal, and I saw the ball was in the net. It was a big joy for everyone. I just do what I have to do when I get chances. I haven't had many this season."

Mourinho was elated, sprinting from the bench to join his celebrating players, who collapsed in a heap on the pitch.

"It was not to celebrate — it was to tell the players how we have to play," Mourinho said. "But you could see that I can still run." THE ASSOCIATED PRESS

Real Madrid win on one leg

Real Madrid striker Gareth Bale exchanges words with Borussia goalkeeper Roman Weidenfeller during the UEFA Champions League quarter-final second leg. Real Madrid failed to score without the injured Cristiano Ronaldo and only just hung on to advance to its fourth straight Champions League semifinal after losing 2-0 at Borussia Dortmund on Tuesday. With its star striker on the bench because of a left-knee injury, Madrid could afford to miss an early penalty and still go through 3-2 on aggregate. DENNIS GROMBKOWSKI/BONGARTS/GETTY IMAGES

24/7
GERVAIS
TOWING & RECOVERY • 613-747-4666
24 HOURS A DAY, WE ARE ALWAYS THERE WHEN YOU NEED US
Big or Small
We Tow Them All!
SINCE 1934

2014 BMW 2-series Coupé

- **Type.** Two-door, rear-wheel drive four-passenger coupe
- **Engines (hp).** 2.0-litre DOHC I4, turbocharged (241); 3.0-litre DOHC I6, turbocharged (320)
- **Transmissions.** 8-speed automatic; 6-speed manual (opt.)
- **Base price (incl. destination).** $38,100

Design

Although similar to the outgoing 1-series coupe, the 2-series is actually more than five centimetres longer, 2.5 centimetres wider and it has a bit more space between the front and rear wheels. Thankfully, the dimensional enlargements are minimal, but the revised shape of the 2-series, especially a more elongated nose, sloping roofline and rear deck, result

in a more attractive shape. For diehard BMW spotters, the larger grille and lower air intakes are the most noticeable ways to tell if the basic Bimmer you're checking out is a 2 or a 1.

Fuel consumption

If fuel consumption is a consideration, the 228i is rated at 8.7 l/100 km in the city and 5.4 on the highway (improved from 10.8/7.0 for the 128i). The M235i's numbers are 10.0 city and 6.4 highway. Note that both models require premium fuel.

Basic features

Just because the 228i is the base 2-series doesn't mean it's stripped-down. Base equipment includes climate control, auto stop/start function, multi-adjustable (non-power) front seats, rain-sensing windshield wipers and a premium audio system.

2015 BMW 2-series Coupé

PHOTOS: WHEELBASEMEDIA.COM

Compare

1 Audi TT Coupé
Base price: $51,500
Solidly built, with a choice of two turbo engines. AWD comes standard.

2 Mercedes-Benz CLA
Base price: $36,400
Entry-level coupe-like sedan is new for 2014. AMG version is quick.

3 Honda Accord Coupe
Base price: $28,200. Cool two-door is affordable, even with optional 278-hp V6.

Review. BMW goes back to its roots to refine and redefine the concept of a pure sporting machine

MALCOLM GUNN
wheelbasemedia.com

BMW knows exactly how to position the new 2-series Coupé.

A photo on the automaker's website shows the car running neck and neck with the iconic 2002 coupe that was produced from 1968-'76. It's a comparison worth pondering as the 2002 was a benchmark sporty car, a pure one at that, for the company. An even more interesting comparison is with the new 2014 4-series Coupé. Both models offer the same powertrains, but the 2-series base price is $8,900 cheaper, at $38,100. The smaller 2-series is also about 90 kilograms lighter, which should make it quicker off the line and more nimble.

The 4-series does offer more cabin space than the 2-series and the 4 can be had with BMW's xDrive all-wheel drive system that's ideal for anyone making frequent excursions to the ski slopes.

Still, driving enthusiasts on a budget or who those prefer a more minimalist approach to tackling twisty back roads are likely to find the 2-series fits their needs like a well-worn

The dashboards, control panels, floor consoles and dash-mounted display screens in both old and new appear quite similar. To the 2-series, however, BMW did add a bit more trim and enlarged the iDrive controller knob (that adjusts the climate, audio and communications systems) for easier use.

pair of driving gloves.

For stashing your gear, the trunk is slightly larger than that of the 1-series and the back seat can be split-folded for extra space.

Under the hood of the base 228i is a turbocharged 2.0-litre four-cylinder that makes 241 horsepower and 258 pound-feet of torque. It's the same engine that powers several other BMW models, including the base 4-series Coupé. The base engine in the 1-series was a non-turbo 230-horsepower four-cylinder.

Step up to the M235i Coupe and your right foot controls a turbocharged 3.0-litre six-cylinder engine with 320 horsepower and 330 pound-feet of torque.

Ultimately, what's neat about the 2-series is that it's the least expensive way to obtain a BMW, yet you're guaranteed to get the same kick for your money as with many of the company's pricier products. Talk about driving a bargain.

DRIVE SMART SAVE SMART

LOCK IN AT 95¢ PER LITRE* FOR 2000 LITRES
UP TO $1,100 VALUE

WITH THE PURCHASE OR LEASE OF MOST NEW 2014 CARS, CUVs AND SUVs
MAXIMUM LITRE LIMIT VARIES BY MODEL (UP TO 1,000L ON FOCUS AND $550 IN VALUE)

+ AS LOW AS 0% APR† PURCHASE FINANCING ON SELECT NEW FUEL-EFFICIENT 2014 MODELS

THE WORLD'S BEST-SELLING± CAR NAMEPLATE

Titanium model shown

&

JUST ANNOUNCED

$750□ LOYALTY & CONQUEST CUSTOMER CASH
For qualified customers towards select Ford CARs/SUVs/CUVs

2014 FOCUS

WITH AVAILABLE ECOBOOST

PURCHASE FINANCE THE 2014 FOCUS S FOR ONLY
$85 @ 0.99%** APR
Bi-weekly for 84 months with $0 down. Offer includes $2,500 in manufacturer rebates. Offers exclude taxes.

OR PURCHASE FOR $14,948*

DOWN	BI-WEEKLY
$0	$85**
$750	$81**
$1,500	$77**

2014 IIHS TOP SAFETY PICK

5.5L/100km 51MPG HWY^^
7.8L/100km 36MPG CITY^^

Fiesta ST model shown

2014 FIESTA S HATCH

PURCHASE FINANCE FOR
$75 @ 0.99%** APR
Bi-weekly for 84 months with $0 down.

DOWN	BI-WEEKLY
$0	$75**
$750	$71**
$1,500	$67**

2014 FIESTA BEST-IN-CLASS HIGHWAY FUEL CONSUMPTION FOR 1.0L ‡ ECOBOOST‡

OR OWN FOR ONLY
$13,198*
Offer includes $2,500 in manufacturer rebates. Offers exclude taxes.

LOCK IN AT 95¢ PER LITRE* FOR 2000 LITRES
$550 VALUE

5.1L/100km 55MPG HWY^^
6.9L/100km 41MPG CITY^^

2014 FUSION S

PURCHASE FINANCE FOR ONLY
$139 @ 2.99%** APR
Bi-weekly for 84 months with $0 down.

DOWN	BI-WEEKLY
$0	$139**
$750	$135**
$1,500	$130**

2014 IIHS TOP SAFETY PICK+
APPLIES ONLY TO OPTIONAL FRONT CRASH PREVENTION MODELS

OR OWN FOR ONLY
$22,818*
Offers include $500 in manufacturer rebates. Offers exclude taxes.

LOCK IN AT 95¢ PER LITRE* FOR 2000 LITRES
$825 VALUE

5.8L/100km 49MPG HWY^^
9.2L/100km 31MPG CITY^^

2014 ESCAPE S FWD

PURCHASE FINANCE FOR ONLY
$149 @ 2.49%** APR
Bi-weekly for 84 months with $0 down.

DOWN	BI-WEEKLY
$0	$149**
$750	$145**
$1,500	$140**

CANADA'S BEST SELLING SUV^

OR OWN FOR ONLY
$24,888*
Offers include $1,000 in manufacturer rebates. Offers exclude taxes.

LOCK IN AT 95¢ PER LITRE* FOR 2000 LITRES
$825 VALUE

6.7L/100km 42MPG HWY^^
9.5L/100km 30MPG CITY^^

Our advertised prices include Freight, Air Tax, and PPSA (if financed or leased).
Add dealer administration and registration fees of up to $799, fuel fill charge of up to $120 and applicable taxes, then drive away.

Enjoy the peace of mind of having your price locked in at the pump for up to 2,000 litres. Visit your Metro Ford Dealers of Ottawa today.

Ford
Go Further
| ontarioford.ca |

SiriusXM
Available in most new Ford vehicles with 6-month pre-paid subscription

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any GPA/GPC or Daily Rental incentives, the Commercial Fleet Incentive Program (CFP), ^Until April 30, 2014. Purchase a new 2014 Fiesta S/ Fiesta ST/ Focus S/ Focus Titanium/ Fusion S/ Escape S FWD for ($13,198/$24,999/$14,948/$26,664/$24,150/$25,198) [after Total Manufacturer Rebate of ($2,500/$5,500/$2,500/$0/$0/$500) deducted]. Taxes payable on full amount of purchase price after total manufacturer rebate has been deducted. Offers include freight and air tax but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. ‡Until April 30, 2014, receive 0% APR purchase financing on new 2014 Edge models for up to 48 months, and Ford Focus (excluding BEV) and Fiesta models for up to 72 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: $25,000 purchase financed at 0% APR for 48/60/72 months, monthly payment is $520.83/$416.66/$347.22; cost of borrowing is $0 or APR of 0% and total to be repaid is $25,000. Down payment on purchase financing offers may be required based on approved credit from Ford Credit. **Until April 30th 2014, receive 0.99% APR purchase financing on new 2014 [Fiesta S Hatch/ Focus S Sedan/ Fusion S/ Escape S] models for up to 84 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: 2014 Ford [Fiesta S Hatch / 2014 Focus S Sedan/ Fusion S/ Escape S] for $13,198/$14,948/$22,818/$24,888 (after $0 down payment or equivalent trade-in, and $2,500/$2,500/$500/$1,000 Manufacturer Rebate deducted) purchase financed at 0.99%/2.99%/2.49% APR for 84 months, monthly payment is $136.53/$165.82/$322.63/$324 (the sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of $75/$85/$139/$149), interest cost of borrowing is $470/$633/$2,550/$2,650 or APR of 0.99%/2.99%/2.49% and total to be repaid is $13,650/$15,470/$25,368/$27,538. Down payment may be required based on approved credit from Ford Credit. All purchase finance offers include freight and air tax and PPSA but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. ††Until April 30, 2014, receive 2.49% purchase financing on new 2014 Escape models for up to 72 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: $25,000 purchase financed at 0.99%/2.99%/2.49% APR for 48/60/72 months, monthly payment is $520.83/$416.66/$347.22; cost of borrowing is $0/$1,000/$1,500 and total to be repaid is $25,000/$26,000/$26,500. Down payment may be required based on approved credit from Ford Credit. All purchase finance offers include freight and air tax and PPSA but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. ‡‡Until April 30, 2014, receive $1,000 in manufacturer rebates on new 2014 Escape models for up to 72 months to qualified retail customers, on approved credit (OAC) from Ford Credit. Not all buyers will qualify for the lowest interest rate. Example: $25,000 purchase financed at 0.99%/2.99%/2.49% APR for 48/60/72 months, monthly payment is $520.83/$416.66/$347.22; cost of borrowing is $0/$1,000/$1,500 and total to be repaid is $25,000/$26,000/$26,500. Down payment may be required based on approved credit from Ford Credit. All purchase finance offers include freight and air tax and PPSA but exclude administration and registration fees of up to $799, fuel fill charge of up to $120 and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. ^^Estimated fuel consumption ratings for the 2014 Fiesta 1.6L – I4 5-Speed Manual, 2014 Fusion FWD 2.5L 6-Speed SST, 2014 Escape 2.0L GTDI 4-Speed Automatic. Models shown: 2014 Fiesta ST 1.6L GTDI I4 6-Speed Manual: 7.6 L/100KM Hwy. Fuel consumption will vary based on road conditions, vehicle loading and driving habits. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ^Based on Natural Resources Canada's fuel consumption ratings for Ford models, 1995 through 2014. Actual results may vary. ^Offer only available at participating Ford dealers with the purchase of leased or a new 2014 Fiesta, Focus, CMAX Hybrid, Fusion Hybrid (up to 1,000 litres), Fusion, Mustang, Taurus, Escape (up to 1,500 litres), and Flex, Explorer, Edge, Expedition (up to 2,000 litres) – all diesel models are excluded. $0.95 price lock ("Price Lock") amount may only be redeemed for regular grade fuel at participating Esso gas stations and applies when regular grade fuel is priced between $1.15 and $1.50 per litre at the participating Esso gas station where the redemption takes place. Where regular grade fuel is priced above $1.50 per litre, customer will receive a $0.35 per litre discount off of the regular grade fuel price, and where regular grade fuel is priced below $1.15, customer will receive a $0.20 discount off of the regular grade fuel price. See dealer for details. ^^Based on highway driving in a 2014 Fiesta 1.0L GTDI 1-I3 6-Speed Automatic and estimated fuel consumption ratings for Canada in the Large Premium Utility, Large Traditional Utility, Large Utility, Medium Premium Utility, Medium Utility, Small Premium Utility, and Small Utility segments.

GET TOTAL DISCOUNTS UP TO $10,000

Starting From Price for 2014 Ram 1500 Sport Crew Cab shown: $38,290.§

2014 RAM 1500 QUAD CAB SXT 4X4

$1,500 BONUS CASH»

IF YOU ARE A LICENSED TRADESMAN OR IF YOU CURRENTLY OWN ANY PICKUP TRUCK

$26,295

PURCHASE PRICE INCLUDES $8,500 CONSUMER CASH; $1,500 BONUS CASH,»» FREIGHT, AIR TAX, TIRE LEVY AND OMVIC FEE. TAXES EXCLUDED. OTHER RETAILER CHARGES MAY APPLY.+

OR CHOOSE

$150 BI-WEEKLY FINANCING†

@ **4.29%** FOR 96 MONTHS WITH $0 DOWN

STEP UP TO THE 2014 RAM 1500 QUAD CAB SLT 4X4 FOR ONLY **$24** MORE BI-WEEKLY

PULL-AHEAD BONUS CASHΩ **$1,000** + **1%** RATE REDUCTION ENDS APRIL 30TH

PULL-AHEAD INTO A NEW VEHICLE SOONER. EXCLUSIVE TO OUR EXISTING FINANCE/LEASE CUSTOMERS.

NOW AVAILABLE

RAM 1500 EcoDiesel WITH UP TO 40 MPG HWY.•

BEST FUEL ECONOMY OF ANY PICKUP EVER™

GREAT OFFERS ON A 2013 RAM HEAVY-DUTY

CANADA'S BEST-SELLING,± LONGEST-LASTING DIESEL PICKUP¥

BEST-IN-CLASS TOWING≤

30,000 LBS

TOWS 3 TONNES MORE THAN THE COMPETITION≤

NO CHARGE CUMMINS TURBO DIESEL ENGINE $9,345 VALUE

RAMTRUCKOFFERS.CA

GUTS · GLORY RAM

PROUD SPONSOR OF THE OTTAWA SENATORS®

+Your local retailer may charge additional fees for administration/pre-delivery that can range from $0 to $1,098 and anti-theft/safety products that can range from $0 to $1,298. Charges may vary by retailer.

Wise customers read the fine print: », *, †, Ω, § The Ram Truck offers are limited time offers which apply to retail deliveries of selected new and unused models purchased from participating retailers on or after April 1, 2014. Offers subject to change and may be extended without notice. All pricing includes freight ($1,695), air tax (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Financing and lease offers available to qualified customers on approved credit. Retailer order/trade may be necessary. Retailer may sell for less. »$1,500 Ram Truck Loyalty/Conquest Bonus Cash is available to qualified customers on the retail purchase/lease of any 2013/2014 Ram 2500/3500 models (excluding Cab & Chassis models) and 2014 Ram 1500 (excludes Reg Cab models) and is deducted from the negotiated price after taxes. Eligible customers include current owners/lessees of a Dodge or Ram pickup truck or any other manufacturer's pickup truck. The vehicle must have been owned/leased by the eligible customer and registered in their name on or before April 1, 2014. Proof of ownership/lease agreement will be required. Additional eligible customers include licensed tradesmen and those working towards Skilled Trade certification. Some conditions apply. See your retailer for complete details. *Consumer Cash Discounts are deducted from the negotiated price before taxes. †4.29% purchase financing for up to 96 months available on the new 2014 Ram 1500 Quad Cab SXT 4x4 (23A+AGR) models through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Example: 2014 Ram 1500 Quad Cab 4x4 SXT (25A+AGR) with a Purchase Price of $26,295, with a $0 down payment, financed at 4.29% for 96 months equals 208 bi-weekly payments of $150 with a cost of borrowing of $4,816 and a total obligation of $31,111.33. ΩFinance Pull-Ahead Bonus Cash and 1% Rate Reduction are available to eligible customers on the retail purchase/lease of select 2014 Chrysler, Jeep, Dodge, Ram or Fiat models at participating retailers from April 1 to 30, 2014 inclusive. Finance Pull-Ahead Bonus Cash will be deducted from the negotiated price after taxes. 1% Rate Reduction applies on approved credit to most qualifying subvented financing transactions through RBC, TD Auto Finance and Scotiabank. 1% Rate Reduction cannot be used to reduce the final interest rate below 0%. Eligible customers include all original and current owners of select Chrysler, Jeep, Dodge, Ram or Fiat models with an eligible standard/subvented finance or lease contract maturing between January 1, 2014 and December 31, 2016. Trade-in not required. See retailer for complete details and exclusions. §Starting From Prices for vehicles shown include Consumer Cash Discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. ≠Based on 2014 EnerGuide highway fuel consumption ratings. Government of Canada test methods used. Your actual fuel consumption will vary based on driving habits and other factors. 2014 Ram 1500 4x2 model with 3.0L EcoDiesel V6 and 8-speed automatic – Hwy: 7.1 L/100 km (40 MPG) and City: 10.2 L/100 km (28 MPG). ••With as low as 7.1 L/100 km (40 MPG) highway. ±Best-selling based on IHS Automotive: Polk Canadian new vehicle registrations through October 2013 for large diesel pickups under 14,000 lbs GVW. ¥Longevity based on IHS Automotive: Polk Canadian Vehicles In Operation data as of July 1, 2013, for model years 1994-2013 for all large pickups sold and available in Canada over the last 20 years. ≤Based on 2500/F-250 and 3500/F-350 full-size pickups. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

SiriusXM

DODGE CARAVAN KIDS
PROUD SPONSOR OF AMATEUR HOCKEY ACROSS CANADA

Horoscopes

♈ Aries
March 21 - April 20
If you want a straight answer to a simple question, you may be disappointed. Others are so evasive today. Maybe they have something to hide but more likely their thoughts are simply all over the place.

♉ Taurus
April 21 - May 21
Make sure you keep track of where your money is coming from and, just as importantly, where it is going to, over the next few days. Someone may conveniently "forget" what they owe you.

♊ Gemini
May 22 - June 21
Some people may be loud in their opposition to what you intend to do but don't let it worry or stop you. They will come round when they see how well you are doing.

♋ Cancer
June 22 - July 23
Don't push yourself beyond your natural limits today. You may want to look good, but how good will it look if you collapse before the finishing line? Pace yourself.

♌ Leo
July 24 - Aug. 23
Others may have doubts about what you are doing but you have no doubts at all and will push ahead regardless. The Sun in Aries endows you with loads of energy and almost limitless self-belief.

♍ Virgo
Aug. 24 - Sept. 23
If someone is critical of your work today, don't let it get to you. Either they don't know what they are talking about or they are trying to make a small flaw or failing look much bigger than it actually is.

♎ Libra
Sept. 24 - Oct. 23
Whatever happens today, try not to take it too seriously. Others may think it's the end of the world, but you know it's nowhere near as dramatic as that. It's life, that's all.

♏ Scorpio
Oct. 24 - Nov. 22
Focus on what seems right to you and ignore what the so-called "experts" tell you. Ultimately there is no such thing as facts. There are only various shades of opinion Yours deserve to be heard.

♐ Sagittarius
Nov. 23 - Dec. 21
The more certain people say you have taken on too much, the more determined you will be to prove them wrong. Sagittarius is a sign that likes to do things in a big way.

♑ Capricorn
Dec. 22 - Jan. 20
Steer clear of negative thoughts because once they have got their hooks in you, it will take a lot of work to break free. Everything will work out for the best in the end.

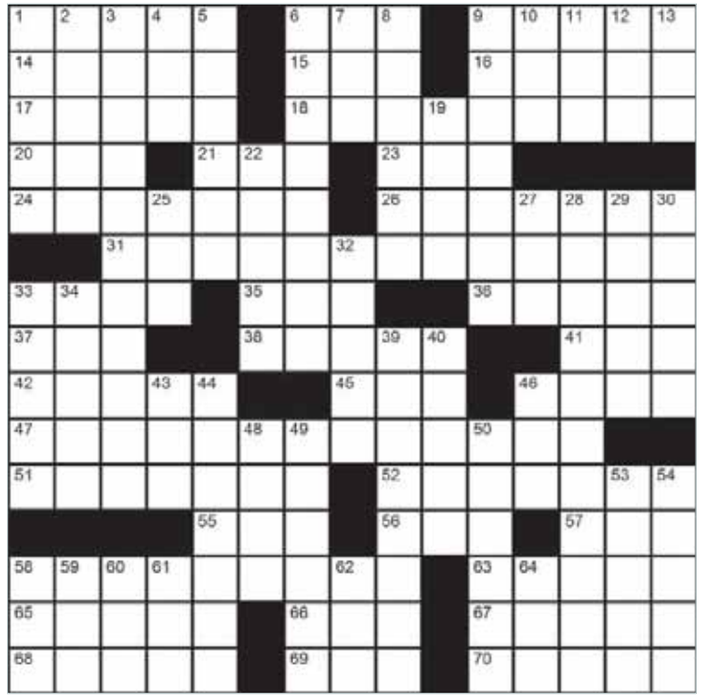
♒ Aquarius
Jan. 21 - Feb. 19
If you want a creative endeavor to be a success, you are going to need help and this is a good time to ask. Others want to be on your team because they know it's the one most likely to win.

♓ Pisces
Feb. 20 - March 20
If someone changes their plans at the last moment today, don't let it show that you're not happy. Breath deeply, count to 20, then give them a big smile and say "no problem". And never trust them again. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

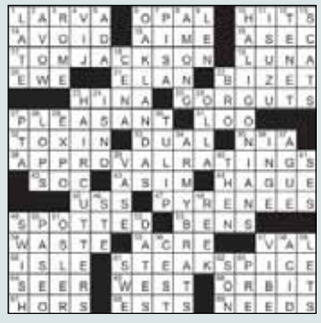
BY KELLY ANN BUCHANAN



Across
1. Packed into boxes
6. Goat's bleat
9. Art object
14. Quick
15. Alphabetic trio
16. Best
17. Grief [var. sp.]
18. In a not-one-side-over-the-other way
20. Earlier, olde-style
21. Shopping estab.
23. Sinn Fein was its political arm, for short
24. "Soul Sacrifice" band
26. Ontario town; or, Ms. Lohan
31. Orca-viewing village on Vancouver Island that's about four-and-a-half hours north of Nanaimo: 2 wds.
33. Scoop
35. Him, in Hull
36. Ghana's capital
37. Masses, with Polloi
38. Resulted in, __ __ to
41. '_' __ for Iberville
42. Mr. Guthrie's
45. __ whim: 2 wds.
46. Freeze
47. Trendy (and bloody) new skincare procedure in a cosmetic surgery clinic: 2 wds.
51. Heart
52. Feminine and masculine
55. Long-snouted fish
56. Clairvoyance, e.g.
57. Sight: French
58. Exactness
63. "_ __ my case." (There's nothing more to add)
65. Plains prey
66. Keyboard key
67. Today: April __, Two Thousand and Fourteen
68. BC - Haida Gwaii: UNESCO World Heritage Site, __ Gwaay
69. Mr. Orbison
70. Ms. Perry's

Down
1. Pl. suffix with 'Motor'
2. Ancient shopping locale
3. Fare for Canada's Mary Pickford (b.1892 - d.1979): 2 wds.
4. Brit band
5. Of the skin
6. Romeo's family, House of __
7. Copy
8. 'Eagle' constellation where Altair shines
9. Flesh-chomping fish
10. __ Red (Apple)
11. Snake-like splasher
12. Dietary number, for short
13. Cathedral city
19. Journey
22. Sad-sounding ring
25. Mr. Fabi of car racing
27. Ancient Rome's 700
28. Party or wedding, for example: 2 wds.
29. Ms. Lavigne
30. Loaf leavener
32. Get __ __ (Throw away)
33. "_ __ something to say..."
34. Ms. Ephron's
39. Montreal-based ICAO, for one: 2 wds.
40. Strides
43. Unclose, archaically
44. Celine Dion's skill
46. Fooled
48. Some TVs
49. More spooky
50. "Pretty __ __" (1986) starring Molly Ringwald
53. Oxidized
54. Mr. Rogen's
58. "Downton Abbey" network
59. 18-wheeler
60. That, in Tijuana
61. Defraud
62. Bear: Spanish
64. Narrow inlet

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

					6	8	4	
3		7	1			6		
				9				
4							9	2
5	8		3		2		7	6
6	1							4
				6				
		6			3	2		7
	5	8	9					

Yesterday's Sudoku

5	4	6	2	8	9	3	7	1
9	1	3	4	5	7	6	8	2
8	7	2	3	1	6	4	9	5
6	3	5	1	9	2	8	4	7
4	9	1	7	6	8	5	2	3
2	8	7	5	3	4	9	1	6
3	2	8	6	4	1	7	5	9
7	5	4	9	2	3	1	6	8
1	6	9	8	7	5	2	3	4

Today
4°/1°
Sunny
Thursday
13°/1°
Variable
Know what the weather will be 14 days from now.
Check the 14 day trend.
©The Weather Network 2014

HYUNDAI™

DEALER INVOICE PRICING + 0%† FINANCING

YOU PAY WHAT THE DEALER PAYS*

†On select models. *Dealer is reimbursed for holdback included in invoice price.

GLS model shown♦
Selling Price: $19,276

HWY: 5.3L/100 KM
CITY: 7.5L/100 KM▼

2014 ACCENT 4-DOOR L

DEALER INVOICE PRICE: $14,256‡

OR

OWN IT FOR **$69** BI-WEEKLY PAYMENT
WITH **0%†** FINANCING FOR 96 MONTHS
AND **$0** DOWN

ACCENT L 4-DOOR MANUAL. DEALER INVOICE PRICE INCLUDES $779 IN PRICE ADJUSTMENTSΩ, DELIVERY, DESTINATION, AND FEES. PLUS HST.

Limited model shown♦
Selling Price: $23,890

HWY: 5.3L/100 KM
CITY: 7.6L/100 KM▼

2014 ELANTRA L

DEALER INVOICE PRICE: $16,388‡

OR

OWN IT FOR **$79** BI-WEEKLY PAYMENT
WITH **0%†** FINANCING FOR 96 MONTHS
AND **$0** DOWN

ELANTRA L MANUAL. DEALER INVOICE PRICE INCLUDES $1,197 IN PRICE ADJUSTMENTSΩ, DELIVERY, DESTINATION, AND FEES. PLUS HST.

Limited model shown♦
Selling Price: $38,361

HWY: 7.3L/100 KM
CITY: 10.2L/100 KM▼

2014 SANTA FE SPORT

DEALER INVOICE PRICE: $27,189‡

OR

OWN IT FOR **$136** BI-WEEKLY PAYMENT
WITH **0.9%†** FINANCING FOR 96 MONTHS
AND **$0** DOWN

SANTA FE SPORT 2.4L FWD. DEALER INVOICE PRICE INCLUDES $1,306 IN PRICE ADJUSTMENTSΩ, DELIVERY, DESTINATION, AND FEES. PLUS HST.

GLS model shown♦
Selling Price: $27,136

HWY: 7.2L/100 KM
CITY: 10.0L/100 KM▼

2014 TUCSON GL

DEALER INVOICE PRICE: $22,933‡

OR

OWN IT FOR **$119** BI-WEEKLY PAYMENT
WITH **1.9%†** FINANCING FOR 96 MONTHS
AND **$0** DOWN

TUCSON 2.0 GL FWD MANUAL. DEALER INVOICE PRICE INCLUDES $462 IN PRICE ADJUSTMENTSΩ, DELIVERY, DESTINATION, AND FEES. PLUS HST.

YOU PAY THE INVOICE PRICE PLUS GET 0%† FINANCING FOR 96 MONTHS

5 YEAR WARRANTY

5-year/100,000 km Comprehensive Limited Warranty††
5-year/100,000 km Powertrain Warranty
5-year/100,000 km Emission Warranty

HYUNDAI | NEW THINKING. NEW POSSIBILITIES.™
HyundaiCanada.com

™The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. †Finance offer available O.A.C. from Hyundai Financial Services based on a new 2014 Accent 4-Door L Manual/Elantra L 6-Speed Manual/Santa Fe Sport 2.4L FWD/Tucson 2.0 GL FWD Manual with an annual finance rate of 0%/0%/0.9%/1.9% for 96 months. Bi-weekly payments are $69/$79/$136/$119. $0 down payment required. Cost of Borrowing is $0. Finance offer includes Delivery and Destination of $1,550/$1,550/$1,760/$1,760, fees, levies, and all applicable charges (excluding HST). Finance offer excludes registration, insurance, PPSA and license fees. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. ‡Dealer Invoice Price of 2014 Accent 4-Door L Manual/Elantra L 6-Speed Manual/Santa Fe Sport 2.4L FWD/Tucson 2.0 GL FWD Manual are $14,256/$16,388/$27,189/$22,933. Prices include price adjustments of $779/$1,197/$1,306/$462 and includes Delivery and Destination of $1,550/$1,550/$1,760/$,1760, fees, levies, and all applicable charges (excluding HST). Finance offer excludes registration, insurance, PPSA and license fees. Delivery and Destination charge includes freight, P.D.E., dealer admin fees and a full tank of gas. The customer prices are those reflected on the dealer invoice from Hyundai Auto Canada Corp. The dealer invoice price includes a holdback fee for which the dealer is subsequently reimbursed by Hyundai Auto Canada Corp. ΩPrice adjustments are calculated against the vehicle's starting price. Price adjustments of up to $779/$1,197/$1,306/$462 available on in stock 2014 Accent 4 Door L 6-Speed Manual/Elantra L 6-Speed Manual/Santa Fe 2.4L FWD Auto Tucson 2.0 GL FWD Manual on cash purchases. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. Offer is non-transferable and cannot be assigned. No vehicle trade-in required. ♦Price of models shown (with Price Adjustments): 2014 Accent 4 Door GLS/Elantra Limited/Santa Fe 2.0T Limited AWD/Tucson 2.4 GLS FWD Auto are $19,276/$23,890/$38,361/$27,136. Prices include Price Adjustments of $1,109/$1,445/$2,434/$1,659, Delivery and Destination charges of $1,550/$1,550/$1,760/1,760 fees, levies, and all applicable charges (excluding HST). Prices exclude registration, insurance, PPSA and license fees. ▼Fuel consumption for new 2014 Accent 4-Door L (HWY 5.3L/100KM; City 7.5L/100KM); 2014 Elantra L Manual (HWY 5.3L/100KM; City 7.6.L/100KM); 2014 Santa Fe Sport 2.4L FWD (HWY 7.3L/100KM; City10.2.L/100KM); 2014 Tucson 2.0L GL FWD Manual(HWY 7.2L/100KM; City 10.0L/100KM) are based on Manufacturer Testing. Actual fuel efficiency may vary based on driving conditions and the addition of certain vehicle accessories. Fuel economy figures are used for comparison purposes only. †‡Ω♦Offers available for a limited time, and subject to change or cancellation without notice. Dealer may sell for less. Inventory is limited, dealer order may be required. Visit www.hyundaicanada.com or see dealer for complete details. ††Hyundai's Comprehensive Limited Warranty coverage covers most vehicle components against defects in workmanship under normal use and maintenance conditions.

Visit your local Ottawa area Hyundai Dealer

Hyundai Pembroke
1945 Petawawa Blvd.
Pembroke, 613-735-5636

Myers Kanata Hyundai
400-2500 Palladium Dr.
Kanata, On 613-592-8883

Myers Hyundai
164 Robertson Rd.
Ottawa, 613-721-4567

Hyundai on Hunt Club
390 Hunt Club Road West
Ottawa, 613-688-3600

Bank Street Hyundai
2788 Bank St.
Ottawa, 613-739-7530

Pathway Hyundai
1375 Youville Dr.
Orleans, 613-837-4222

Harmony Hyundai
293 Pigeon St.
Rockland, 613-446-2220

Surgenor Hyundai
895 St. Laurent Blvd.
Ottawa, 613-741-1800